

## Shu-wen Wang, PhD

Curriculum Vitae

---

Department of Psychology  
Haverford College  
370 Lancaster Ave  
Haverford, PA 19041

Ph 610-795-6234  
[swang1@haverford.edu](mailto:swang1@haverford.edu)  
<http://shuwen.haverford.edu>  
<https://www.haverford.edu/asian-american-studies>

### PROFESSIONAL POSITIONS

- 2019 – present Associate Professor (tenured), Dept of Psychology, Haverford College
- 2016 – present Licensed Psychologist, Bryn Mawr Psychological Associates
- 2012 – 2019 Assistant Professor, Dept of Psychology, Haverford College  
(Parental leave in Fall 2012 and Fall 2014)

### EDUCATION

- 2012 PhD in Clinical Psychology, University of California, Los Angeles  
Minor: Quantitative Psychology  
Advisors: Rena Repetti, PhD, Anna Lau, PhD  
Dissertation: Marital support, well-being and health in everyday life
- 2007 M.A. in Clinical Psychology, University of California, Los Angeles  
Thesis: The Spillover of daily job stressors into subsequent marital behavior
- 2000 – 2004 B.A. (Summa Cum Laude), Barnard College, Columbia University  
Double Majors: Psychology and Anthropology (with department honors)

### CLINICAL TRAINING

- 2015 – present Licensed Psychologist, Pennsylvania (PS 017847)
- 2017 Diplomate Status, Academy of Cognitive and Behavioral Therapies
- 2013 – 2014 Psychology Resident (half-time), Department of Psychiatry (Center for Cognitive Therapy), Univ of Pennsylvania Perelman School of Medicine
- 2011 – 2012 Clinical Internship, Veterans Affairs Greater Los Angeles Healthcare System  
(Site: West Los Angeles VA Medical Center, General Track/APA-accredited)

## RESEARCH INTERESTS

- ◆ Stress, coping, health and well-being ◆ Social support ◆ Emotion regulation ◆  
◆ Asian American Psychology ◆ Ethnic minority mental health ◆ Race, ethnicity, culture ◆  
◆ Social class ◆ First generation college students ◆

## GRANTS

- 2018-2021 **Co-PI** (with Heejung Park, Bakirathi Mani, Roseann Liu, Lei Ouyang Bryant). Mellon Tri-Co Seed Grant “Asian American Studies Group,” \$7,500.  
2018 **PI**, Diversity and Inclusion Course Development Grant, Haverford College, Asian American Psychology, \$5,000.  
2017-2018 **Co-PI** (with Heejung Park, Bakirathi Mani) Mellon Tri-Co Brainstorming Grant, “Asian American Studies Curriculum Group,” \$600.  
2013 **Co-PI** (with Betty Litsinger, Louisa Egan Brad, Stella Christie), Mellon Tri-Co Brainstorming Grant, “Psychosocial Adjustment of International Students,” \$560.  
2010 **PI**, Okura Research Grant on Asian Pacific American Mental Health, UCLA Asian American Studies Center, “Social support responses and health in Asian American college students,” \$3,000.  
2010 **PI**, Division 38 Health Psychology Student Research Award, American Psychological Association, “Stress responses to social support in Asian American and Euro American students: Implications for health and well-being” \$1,500.  
2008 **PI**, Asian American Studies Research Grant, UCLA Institute of American Cultures, “Cultural values, social support, and distress in Asian American college students,” \$5,700.

## HONORS, AWARDS, & FELLOWSHIPS

- 2019 Chace-Parker Annual Endowed Teaching Award, Haverford College, \$3,000.  
2017 APA Minority Fellowship Program *Early Career Award for Research*  
2016 Asian American Psychological Association *Early Career Award for Research*  
2013 Asian American Psychological Association Leadership Fellow, \$1,500.  
2012 Society for Personality and Social Psychology Student Travel Award, \$500.  
2010 UCLA Dr. Ursula Mandel Scholarship in Health Psychology, \$15,000.  
2010 UCLA Dissertation Year Fellowship, \$18,000.  
2007-2010 APA Minority Fellowship Program SAMHSA Predoctoral Fellow, \$21,000 p/yr.  
2007-2010 UCLA Sloan Center on Everyday Lives of Families Fellow, \$18,000 p/yr.  
2007-2010 UCLA Graduate Summer Research Mentorship Fellowship, \$5,000 p/summer.  
2009 UCLA Faculty Women’s Club Scholarship, \$2,500.  
2009 UCLA Affiliates Scholarship, \$1,000.  
2009 Association for Psychological Science RISE Graduate Research Award  
2008 UCLA Graduate Research Mentorship Fellowship, \$18,000.  
2007 Barnard College Alumnae Association Fellowship Program, \$5,000.  
2007 National Science Foundation Graduate Research Fellowship Honorable Mention  
2007 APA Student Travel Award, \$300.

**PEER-REVIEWED JOURNAL ARTICLES**

*\*Mentored Student Co-Author*

26. \*Benjamin, L., \*Ni, X.-T., & **Wang, S.** (in press). Implicit support differs across five groups in the U.S., Taiwan, and Mexico. *Cultural Diversity and Ethnic Minority Psychology*.
25. Chang, J., **Wang, S.**, \*Mancini, C., \*McGrath-Mahrer, B., & \*Orama de Jesus, S. (2020). The complexity of cultural mismatch in higher education: Norms affecting first-generation college students' coping and help-seeking behaviors. *Cultural Diversity and Ethnic Minority Psychology*, 26(3), 280-294.
24. **Wang, S.** & Lau, A. S. (2018). Ethnicity moderates the benefits of perceived support and emotional expressivity on stress reactivity for Asian Americans and Euro Americans. *Cultural Diversity and Ethnic Minority Psychology*, 24(3), 363-373.
23. \*Atal, Z., **Wang, S.**, & Biella, R. (2017). The effects of brief contact on mental illness stigma: Preliminary evidence from an Italian vocational rehabilitation center. *Journal of Vocational Rehabilitation*, 46, 399-405.
22. Repetti, R. L., & **Wang, S.** (2017). Effects of job stress on family relationships. Relationships and Stress special issue for *Current Opinion in Psychology*, 13, 15-18.
21. **Wang, S.**, & Repetti, R. (2016). Who gives to whom?: Testing the support gap hypothesis with naturalistic observations of couple interactions. *Journal of Family Psychology*, 30(4), 492-502.
20. Tsai, W., Sun, M., **Wang, S.**, & Lau, A. S. (2016). Implications of emotion expressivity for daily and trait interpersonal and intrapersonal functioning across cultural groups. *Asian American Journal of Psychology*, 7(1), 52-63.
19. **Wang, S.**, & Lau, A. S. (2015). Mutual and non-mutual social support: Cultural differences in the psychological, behavioral, and biological effects of support-seeking. *Journal of Cross-Cultural Psychology*, 46(7), 916-929.
18. Louie, J. Y., **Wang, S.**, Fung, J. J., & Lau, A. S. (2014). Children's emotional expressivity and teacher perceptions of social competence: A cross-cultural comparison. *International Journal of Behavioral Development*. 39(6), 497-507.
17. **Wang, S.**, & Repetti, R. L. (2014). Psychological well-being and job stress predict marital support behavior: A Naturalistic observation study of dual-earner couples in their homes. *Journal of Personality and Social Psychology*, 107(5), 864-878.
16. Lau, A. S., **Wang, S.**, Fung, J. J., & Namikoshi, M. (2014). What happens when you 'can't read the air'? Cultural fit and aptitude by values interactions on social anxiety. *Journal of Social and Clinical Psychology*, 33(10), 853-866.

**PEER-REVIEWED JOURNAL ARTICLES continued**

15. Repetti, R. L., & **Wang, S.** (2014). Employment and parenting. *Parenting: Science and Practice, 14*(2), 121-132
14. Campos, B., **Wang, S.**, Plaksina, T., Repetti, R. L., Schoebi, D., Beck, M., & Ochs, E. (2013). Positive and negative emotion in the daily life of dual-earner couples with children. *Journal of Family Psychology, 27*(1), 76-85.
13. Boerner, K., & **Wang, S.** (2012). Targets for rehabilitation: An evidence base for adaptive coping with visual disability. *Rehabilitation Psychology, 57*(4), 320-327.
12. Boerner, K., & **Wang, S.** (2012). Goals with limited vision: A qualitative study of coping with vision-related goal interference in midlife. *Clinical Rehabilitation, 26*(1), 81-93.
11. **Wang, S.**, Repetti, R. L., & Campos, B. (2011). Job stress and family social behavior: The moderating role of neuroticism. *Journal of Occupational Health Psychology, 16*(4), 441-56.
10. Repetti, R. L., **Wang, S.**, & Saxbe, D. (2011). Adult health in the context of everyday life. *Annals of Behavioral Medicine, 42*(3), 285-293.
9. **Wang, S.**, Shih, J. H., Hu, A. W., Louie, J. Y., & Lau, A. S. (2010). Cultural differences in daily support experiences. *Cultural Diversity and Ethnic Minority Psychology, 16*(3), 413-20.
8. Popivker, L., **Wang, S.**, & Boerner, K. (2010). Eyes on the prize: Life goals in the context of disability in midlife. *Clinical Rehabilitation, 24*(12), 1127-35.
7. Boerner, K., & **Wang, S.** (2010). How it matters when it happens: Life changes related to functional loss in middle-aged compared to older adults. *International Journal of Aging and Human Development, 70*(2), 163-179.
6. Lau, A. S., Fung, J. J., **Wang, S.**, & Kang, S. (2009). Explaining elevated social anxiety among Asian Americans: Emotional attunement and a cultural double bind. *Cultural Diversity and Ethnic Minority Psychology, 15*(1), 77-85.
5. Repetti, R. L., **Wang, S.**, & Saxbe, D. (2009). Bringing it all back home: How outside stressors shape families' everyday lives. *Current Directions in Psychological Science, 18*, 106-111.
4. **Wang, S.**, & Boerner, K. (2008). Staying connected: Reestablishing relationships following vision loss. *Clinical Rehabilitation, 22*(9), 816-824.
3. Boerner, K., **Wang, S.**, & Cimarolli, V. R. (2006). The impact of functional loss: Nature and implications of life changes. *Journal of Loss and Trauma, 11*(4), 265-287.

## PEER-REVIEWED JOURNAL ARTICLES continued

2. Cimarolli, V. R., & **Wang, S.** (2006). Social support differences among employed and unemployed adults who are visually impaired. *Journal of Visual Impairment and Blindness*, 100(9), 545-556.
1. Cimarolli, V. R., Boerner, K., & **Wang, S.** (2006). Life goals in vision rehabilitation: Are they addressed and how? *Journal of Visual Impairment and Blindness*, 100(6), 343-352.

## INVITED PAPERS AND BOOK CHAPTERS

7. **Wang, S.**, & Campos, B. (2017). Cultural experiences, social ties, and stress: Focusing on the HPA axis. In J. M. Causadias, E. H. Telzer, and N. A. Gonzales (Eds.) *Handbook of Culture and Biology* (pp. 317-343). New York: Wiley.
6. **Wang, S.**, & Repetti, R. L. (2013). After the workday ends: How jobs impact family relationships. In A. L. Vangelisti (Ed.) *The Routledge Handbook of Family Communication 2<sup>nd</sup> Edition* (pp. 409-423). New York: Routledge.
5. Repetti, R. L., Saxbe, D., & **Wang, S.** (2013). Stress. In E. Ochs and T. Kremer-Sadlik (Eds.) *Fast-Forward Families* (pp. 174-191). California: University of California Press.
4. Repetti, R. L., **Wang, S.**, & Sears, M. (2013). Using direct observational methods to study the real lives of families: Advantages, complexities, and conceptual and practical considerations. In J. G. Grzywacz and E. Demerouti (Eds.) *New Frontiers in Work and Family Research* (pp. 172-189). New York: Psychology Press & Routledge.
3. Liu, L. L., **Wang, S.**, Fung, J., Gudiño, O. G., Tao, A., & Lau, A. S. (2012). Strengths and challenges in the development of Asian American youth: Contributions of cultural heritage and the Minority Experience. In E. Chang and C. Downey (Eds.) *Handbook of Race and Development in Mental Health*. New York: Springer.
2. Repetti, R. L., & **Wang, S.** (2009). Work-family spillover. In H. T. Reis and S. K. Sprecher (Eds.) *Encyclopedia of Human Relationships* (pp. 1694-7). Thousand Oaks, CA: Sage.
1. Repetti, R. L., & **Wang, S.** (2009). Parent employment and chaos in the family. In G. W. Evans and T. D. Wachs (Eds.) *Chaos and its influence on children's development: An ecological perspective* (pp. 191-208). Wash, DC: American Psychological Association.

## WORKS UNDER REVIEW

\*Mentored Student Co-Author

\*Ni, X.-T., Benjamin, L., & Wang, S. (under review). Cultural patterns in social support im/balance: Links with relationship satisfaction and well-being.

\*Romens, R., \*Tuan, J.-L., \*Fioramonti-Gorchow, G., & Wang, S. (under review). "I felt a strong obligation to help": Obligation and support-provision in India and the U.S.

## INVITED TALKS

- Wang, S.** (April 2021). Teaching and identity in liberal arts education. Fuller Theological Seminary School of Psychology, Pasadena, CA.
- Wang, S.** (September 2019). Illuminating the Liberal Arts Academic Path. Panelist for webinar hosted by Clinical Psychology at Liberal Arts Colleges (CPLAC) special interest group of ABCT
- Wang, S.** (October 2017). The long-arm of culture in shaping relationships, coping, and health: Benefits, costs, and complexities of interdependence. 2016 Early Career Award research talk, Asian American Psychological Association convention, Las Vegas, NV.
- Wang, S.** (October 2016). Social support: How culture and gender shape what we find to be supportive. West Chester University of Pennsylvania, West Chester, PA.
- Wang, S.** (May 2012). Windows onto the real lives of families: Integrating naturalistic observation into research on family process. Social Science in Practice meeting, UCLA, Los Angeles, CA.
- Wang, S.** (January 2012). The everyday lives of families: Links between stress, social interaction, and diurnal cortisol. Gender, Work, and Family Research Group meeting, UC Irvine, CA
- Wang, S.** (November 2011). Someone to lean on: Stress, physiology, and social behavior in relationships. Clinical Area Brown Bag meeting, UCLA, Los Angeles, CA.
- Wang, S., & Lau, A. S.** (February 2011). When social support is stressful: Unpacking an Asian American paradox. Cultural Psychology group meeting, Central University of Hong Kong, China.

## CHAired SYMPOSIA

- Chang, J., & **Wang, S.** (May 2020). Advances in culture, emotions, and relationship science across diverse contexts. Speakers: Lucy Zhang Bencharit, Janet Chang, Jeanne Tsai, Will Tsai, Shu-wen Wang. Association for Psychological Science convention, Chicago, IL. [conference cancelled]
- Wang, S., & Chang, J.** (May 2019). The cultural shaping of social-health processes across diverse contexts. Speakers: Janet Chang, Yulia Chentsova, Jose Soto, Will Tsai, Shu-wen Wang. Association for Psychological Science convention, Washington, D.C.
- Wang, S. & Chang, J.** (May 2017). How do culture and social processes 'get under the skin'? Targeting the HPA-axis in cultural relationship science. Speakers: Belinda Campos, Stephen Chen, Cindy Liu, Shu-wen Wang, Jose Soto. Association for Psychological Science convention, Boston, MA.
- Chang, J. & **Wang, S.** (May 2017). Ties that bind: Culture shapes the effects of support and friendships on health and well-being. Speakers: Janet Chang, Qian Lu, Will Tsai, Belinda Campos. Association for Psychological Science convention, Boston, MA.
- Wang, S. & Fung, J.** (August 2014). Cultural influences on relationships in Asian and Asian American contexts. Speakers: Janet Chang, Joey Fung, Rich Lee, Natasha Thapar-Olmos, Shu-wen Wang. Asian American Psychological Association convention, Washington, D.C.

**CHAired SYMPOSIA continued**

**Wang, S.** (June 2014). Effects of work on family social relationships: Evidence from observational and longitudinal research. Speakers: Joseph Grzywacz, Hillary Halpern, Maureen Perry-Jenkins, Shelley MacDermid Wadsworth, Shu-wen Wang. Work-Family Researchers Network, NY, NY.

**Wang, S.,** & Lau, A. S. (August 2009). Cultural influences on social interaction and relationships. Speakers: Belinda Campos, Sun-Mee Kang, Joni Sasaki, Shu-wen Wang. American Psychological Association convention, Toronto, CA.

**SELECTED CONFERENCE PRESENTATIONS**

\*Mentored Student Co-Author

Chang, J., **Wang, S.**, Mancini, C., Ohl, K., Mancini, C., & Orama de Jesus, S. (May 2020). The Cultural shaping of social support: The Influence of collectivist and social-class based norms on first-generation college students. In J. Chang and S. Wang (Co-Chairs), *Advances in culture, emotions, and relationship science across diverse contexts*. Symposium to be presented at Association for Psychological Science convention, Chicago, IL. [conference cancelled due to COVID19]

**Wang, S.**, \*Ni, X., & \*Benjamin, L. R. (May 2020). Cultural differences in support sufficiency, implicit support, and well-being. In J. Chang and S. Wang (Co-Chairs), *Advances in culture, emotions, and relationship science across diverse contexts*. Symposium to be presented at Association for Psychological Science convention, Chicago, IL. [conference cancelled due to COVID19]

\*Benjamin, L. R., \*Ni, X., & **Wang, S.** (Feb 2020). One size does not fit all: A qualitative analysis of implicit social support in the U.S., Taiwan, and Mexico. Poster presented at Society for Personality and Social Psychology convention, New Orleans, LA.

○ **SPSP Undergraduate Student Poster Award runner-up**

\*Ni, X., \*Benjamin, L. R., & **Wang, S.** (Feb 2020). Cultural patterns in social support balance: Links with relationship satisfaction and well-being. Poster presented at Society for Personality and Social Psychology convention, New Orleans, LA.

\*Ni, X., \*Benjamin, L. R., & **Wang, S.** (May 2019). Ethno-cultural patterns in social support mis/match and relationship satisfaction. Talk presented at APS Cultural-Clinical Psychology Preconference, Washington, DC.

**Wang, S.**, Lu, Q., & Cohen, L. (May 2019). Links between socio-emotional well-being with diurnal cortisol in breast cancer patients: Examining differences in the U.S. vs. China. In S. Wang and J. Chang (Co-Chairs), *The cultural shaping of social-health processes across diverse contexts*. Symposium presented at Association for Psychological Science convention, Washington, D.C.

Chang, J., **Wang, S.**, Mancini, C., Ohl, K., Orama de Jesus, S., & McGrath-Mahrer, B. (May 2019). Cultural norms tied to social class: Self-reliance and barriers to social support among diverse first-generation college students. In S. Wang and J. Chang (Co-Chairs), *The cultural shaping of social-health processes across diverse contexts*. Symposium presented at Association for Psychological Science, Washington D.C.

**SELECTED CONFERENCE PRESENTATIONS continued**

- \*Romens, R., \*Tuan, J.-L., \*Fioramonti-Gorchow, G., & **Wang, S.** (May 2019). "I felt a strong obligation to help": Cultural differences in experiences of obligation during support-provision in India and the United States. Poster presented at Association for Psychological Science, Washington, DC.
- **APS RISE Student Research Award Honorable Mention**
- \*Tauriello, S., \*Moscoso, C., & **Wang, S.** (May 2018). "The Two cultures cancel out": Ethnicity moderates the effects of body image discrepancy on disordered eating. Poster presented at Association for Psychological Science, San Francisco, CA.
- Chang, J., **Wang, S.**, & \*Mancini, C. (May 2018). The Complexity of cultural mismatch and help-seeking behaviors among first-generation college students. Talk presented at APS Cultural-Clinical Psychology Preconference, San Francisco, CA.
- Wang, S.** & Lau, A. (May 2017). Social support, emotion expressivity, and stress reactivity: Different links for Asian Americans and Euro Americans. In S. Wang and J. Chang (Co-Chairs), *How do culture and social processes 'get under the skin'? : Targeting the HPA-axis in cultural relationship science*. Symposium presented at Assoc. for Psychological Science, Boston, MA.
- \*Marino, L., \*Shiv, D., & **Wang, S.** (May 2017). Effects of support reciprocity in Asian American and European American friendship dyads. Poster presented at Association for Psychological Science, Boston, MA.
- \*Aronowitz, C., \*Kim, D. S., & **Wang, S.** (May 2016). Cultural variation in the effects of capitalization responses on individual and relationship outcomes. Poster presented at Association for Psychological Science, Chicago, IL.
- \*Banfi, N., & \*Broomfield, C., & Wang, S. (May 2016). Stressors, coping, and social support in Asian, Asian American, and European American college students. Poster presented at Association for Psychological Science, Chicago, IL.
- Wang, S.**, Lau, A., & \*Brooks, C. (May 2016). Cultural differences in support mutuality and observed support behavior. In Y. Chentsova-Dutton (Chair), *Cultural shaping of social support "In the Head" and "In the World."* Symposium presented at Association for Psychological Science, Chicago, IL.
- \*Ward, M. A., \*Van Buren-Freedman, C., & **Wang, S.** (May 2015). Sex differences in spousal support interactions. Poster presented at American Psychological Association, New York, NY.
- **APS Student Research Award Honorable Mention**
- \*Brooks, C., & **Wang, S.** (November 2014). Differences in social support interactions across cultures. Poster presented at Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- \*Atal, Z., **Wang, S.**, & Biella, R. (August 2014). Use of an Italian vocational rehabilitation center changes perceptions of the mentally ill. Poster presented at American Psychological Association, Washington, D. C.
- **Division 52 (International Psychology) 3<sup>rd</sup> place student poster prize**



**SELECTED CONFERENCE PRESENTATIONS continued**

- Wang, S., & Lau, A.** (August 2014). Culture and relationship reciprocity. In S. Wang and J. Fung (Co-Chairs), *Cultural influences on relationships in Asian and Asian American contexts*. Symposium presented at Asian American Psychological Association, Washington, D.C.
- Wang, S., & Thakar, D.** (August 2014). Harnessing the power of media: A How-To Guide for giving Asian American psychology away. In *AAPA Leadership Fellows Symposium*. Symposium presented at Asian American Psychological Association, Washington, D. C.
- Wang, S., & Repetti, R. L.** (June 2014). Job stress and naturalistic social support processes in dual-earner middle-class families. In S. Wang (Chair), *Effects of work on family social relationships: Evidence from observational and longitudinal research*. Symposium presented at Work and Family Researchers Network, New York City, NY.
- Wang, S., Shih, J., Hu, A. W., & Lau, A. S.** (August 2009). Cultural influences on daily social support use. In A. S. Lau and S. Wang (Co-Chairs), *Cultural Influences on Social Interaction and Relationships*. Symposium presented at American Psychological Association, Toronto, CA.
- Wang, S., Repetti, R. L., & Campos, B.** (August 2009). Links between naturalistic social behavior and HPA-axis activity in families. Poster presented at American Psychological Association, Toronto,CA
- Wang, S.** (May 2009). Cultural influences on daily support use. In *Association for Psychological Science Student Research Award (RISE) Symposium*. Symposium presented at Association for Psychological Science, San Francisco, CA.
- Wang, S., & Repetti, R. L.** (March 2009). Husbands' responses to job stress in marital interactions are moderated by emotional and marital distress. In B. Ditzen (Chair), *Couple Interaction and Stress Across the Life Course: Implications for Health and Disease*. Symposium presented at American Psychosomatic Society, Chicago, IL.
- Boerner, K., **Wang, S., & Cimarolli, V. R.** (August 2006). Life changes related to functional loss: Their nature and implications. In P. B. Baltes (Chair), *Promoting Growth and Managing Losses: Implications for Well-Being and Health*. Symposium presented at American Psychological Association, New Orleans, LA.

## TEACHING EXPERIENCE

### *Courses Taught at Haverford College*

Asian American Psychology Seminar (PSYC 339) –Sp20

\*Featured as a *Haverford College* “Cool Class”

Cultural Psychology Lecture (PSYC 242) – Sp13, Sp14, Sp16, Fa17, Sp19

Cultural Psychology Lab (PSYC 342) – Sp13, Sp16

Foundations of Psychology (PSYC 100) – Sp15, Fa15, Sp18, Fa18

Psychology Practicum Seminar (PSYC 380) – Sp18, Sp19

\*Featured as a *Haverford College* “Cool Class”

Stress and Coping Seminar (PSYC 337) – Fa15, Fa17, Fa18

\*Featured as a *Haverford College* “Cool Class”

Senior Thesis Research (PSYC 390/396/398) – every year

Faculty Advisor - Hurford Center student seminar, *Asian/America: A Search for Belonging*, Fa18

## SENIOR THESIS STUDENTS

I advise thesis projects that involve development of research questions/hypotheses, study design, subject recruitment, data collection and analysis, and manuscript preparation. In addition, several of these projects have resulted in co-authored conference presentations (posters and talks) and publications in peer-reviewed journals, all listed earlier under their respective sections.

My students have received the following national research awards from their research with me:

- 2014 3<sup>rd</sup> Place Poster Prize, American Psychological Association Div 52
- 2015 Student Research Award Honorable Mention, Assoc for Psychological Science
- 2019 RISE Research Award Honorable Mention, Assoc for Psychological Science
- 2020 Student Poster Award Runner-up, Society for Personality and Social Psychology

My students have gone on to succeed in graduate school, medical school, and other pursuits:

*Zara Atal* (HC14; M.D. Albany Medical College) ♦ *Catherine Brooks* (HC14; MPH Columbia Univ) ♦ *Catherine Aronowitz* (HC15; Nursing U Penn) ♦ *Natalia Banfi* (HC15; consulting) ♦ *Caroline Broomfield* (HC15; MPH U Penn) ♦ *Dayna Kim* (HC15; Nursing NYU) ♦ *Laura Marino* (HC16; market research analyst) ♦ *Clarianne Moscoso* (HC16; M.D. U Rochester) ♦ *Divya Shiv* (HC16; MPP UC Berkeley) ♦ *Sara Tauriello* (HC16; PhD Clinical Psychology U Buffalo) ♦ *Michaela Ward* (HC16; MS Education U Penn) ♦ *Grace Fioramonti-Gorchow* (HC18; analyst) ♦ *Rachel Romens* (HC18; real estate) ♦ *Jia-Ling Tuan* (HC18; behavioral therapist) ♦ *Xueting Ni* (HC19) ♦ *Guadalupe Torres* (HC20) ♦ *Pamela Pabon* (HC20), Laurel Benjamin (HC21; research coordinator)

## SERVICE

### ***Academic Committee Work***

#### Elected Positions:

2021-2023 Social Sciences Rep to Academic Council (Haverford's T&P Committee)  
2019-2020 Faculty Rep to Panel for Cases of Sexual and Racial Harassment  
2017-2019 Junior Faculty Rep to Faculty Affairs and Planning Committee

#### Tenure-Line Search Committees:

2019-2020 Search Committee for ACLS postdoc/tenure-track in Health Studies  
2018-2019 Search Committee in Developmental Psychology  
2013-2014 Search Committee in Health Psychology (Bryn Mawr College)

#### Other:

2018-2022 Vice-President (2 years), President (2 years), Haverford Pool  
2021 CDO IDEAS (Inclusion, Diversity, Equity, Access) Council  
2019-2020 Faculty Rep to Multicultural Scholars Program  
2015-16/2017-18 Faculty Rep to Committee on Student Standing and Programs  
2015-2016 Faculty Rep to Admissions Task Force on Market Research  
2013-2014 Pre-Health Advising Committee

### ***Journal Reviewing***

2016-current Consulting Editor, *Journal of Family Psychology*  
2016-2017 Consulting Editor, *Cultural Diversity and Ethnic Minority Psychology*  
2015-2017 Review Editor (Cultural Psych section), *Frontiers in Psychology*

*Ad Hoc Reviewer* for several journals in cultural and ethnic minority psychology, family psychology, social processes and relationship science, and health psychology.

### ***External Reviewing***

2020 External reviewer for 3 tenure personnel cases at liberal arts institutions

### ***Haverford Public Talks***

2020 Haverford College Virtual Commencement (student-nominated Faculty Speaker)  
2019 *Haverford Speaks Series*, "Trust, Concern, and Respect in Authentic Relationships"

### ***Professional Organization Leadership and Service***

Asian American Psychological Association (AAPA)  
Leadership Fellows Selection Committee (2015, 2019), Dissertation and Grant Award Committee (2018), Convention Poster Judge (2014, 2017), Convention CE Judge (2019), AAPA Mentor (2021)

#### Association for Psychological Science (APS)

Cultural-Clinical Psychology Preconference Planning Committee (2017, 2018)  
Student Executive Board (elected national position) as RISE Coordinator (2007-2008)

## CLINICAL EXPERIENCE

(Licensed in PA State #PS 017847 since May 2015)

I have trained extensively in evidence-based treatments for individuals, couples, and groups. I am primarily a cognitive-behavioral therapist who draws upon acceptance and mindfulness-based approaches. I specialize in depression, anxiety, trauma, relationship issues, multicultural issues and identity exploration, work-life balance, and stress management. I work primarily with adults, college-aged into old age. I also see couples using integrative behavioral couple therapy.

- Oct 2017-  
Present     **Diplomate** (certified CBT), Academy of Cognitive & Behavioral Therapies  
Certification involved review of education, training, and clinical competence (written case formulation and treatment plan, recording of live therapy session)
- Sept 2016-  
Present     **Psychologist**, Bryn Mawr Psychological Associates  
Conduct individual, couple, and family therapy in a group private practice.  
Practice Director: Brad Norford, Ph.D.
- Jan 2013-  
May 2014    **Psychology Resident**, Center for Cognitive Therapy, U Penn School of Medicine  
Completed post-doctoral training and certification in CBT. Conducted short- and long-term individual therapy. Specialized training in sexual trauma.  
Supervisor: Mary Anne Layden, Ph.D. (Director of Training)
- 2011-2012   **Psychology Intern**, West Los Angeles VA Medical Center (general track)  
Completed APA-accredited pre-doctoral internship at a major VA medical center. Conducted individual, couple, and group therapy with veterans. Rotations included: PTSD Clinic, Women's Clinic, Primary Care, CBT for Psychosis Clinic, Mental Health Clinic, MOVE! Weight Management program, Geropsychiatry Clinic, Community Living Center (Nursing Home Unit).  
Supervisor: Anna Okonek, Ph.D. (Director of Training)
- 2007-2011   **Clinical Therapy Supervisor**, UCLA Psychology Clinic (2010-2011)  
Supervised graduate students in CBT and psychodynamic therapy.  
**Clinical Intake/Diagnostic Supervisor**, UCLA Psychology Clinic (2009)  
Supervised graduate students in conducting unstructured intake interviews.  
**Advanced Therapist**, UCLA Psychology Clinic (2009-2011)  
Conducted individual and couple therapy. Administered psychoed testing.  
Supervisors: Jill Waterman, Ph.D. (Director), Harriet Boxer, Ph.D., Andrew Christensen, Ph.D., Eric N. Miller, Ph.D.
- 2008-2009   **Practicum Therapist**, UCLA Counseling and Psychological Services (CAPS)  
Conducted individual and group therapy with diverse college student body  
Supervisor: Bonnie Zucker, Ph.D. (Assistant Training Director)
- 2007-2008   **Assessor and Therapist**, UCLA University Elementary School  
Conducted child therapy (CBT, play) and administered psychoeducational testing.  
Supervisor: Jeffrey Jacobs, Ph.D. (Director of Psychological Services)