

Curriculum Vitae
Shu-wen Wang, PhD

Department of Psychology
Haverford College
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PROFESSIONAL POSITIONS

- 2012 – present Assistant Professor, Department of Psychology, Haverford College
- Reappointed 2016; on sabbatical 2016-2017
 - On maternity leave Fall 2012 and Fall 2014
 - Half-time from Jan 2013 to May 2014 for clinical post-doctoral residency
- 2016 – present Licensed Psychologist, Bryn Mawr Psychological Associates

EDUCATION/LICENSES

- 2015 – present Licensed Psychologist, Pennsylvania (PS 017847)
- 2017 Diplomate and Certified CBT Therapist, Academy of Cognitive Therapy
- 2013 – 2014 Psychology Resident (half-time), Department of Psychiatry (Center for Cognitive Therapy), University of Pennsylvania School of Medicine
- 2011 – 2012 Clinical Internship, Veterans Affairs Greater Los Angeles Healthcare System (Site: West Los Angeles VA Medical Center, General Track/APA-accredited)
- 2006 – 2012 M.A. (2007), PhD (2012), University of California, Los Angeles
Clinical Psychology (with minor in Quantitative Psychology)
Dissertation Title: Marital Support, Well-being and Health in Everyday Life
Dissertation Chair: Rena Repetti, PhD
- 2000 – 2004 B.A. (Summa Cum Laude), Barnard College, Columbia University
Majors: Psychology and Anthropology

RESEARCH INTERESTS

I study stress, coping, health and well-being in the context of relationships. I am interested in social-emotional behavior and its links with mental health and stress responding. I examine how culture, gender, and social class shape these linkages, with a focus on Asian American health.

HONORS, AWARDS, GRANTS

- 2018 Haverford Diversity and Inclusion Course Development Initiative Award [\$5,000]
2018 Tri-Co Mellon Faculty Seed Grant [\$2,500] – Asian American Studies
2017 Tri-Co Mellon Faculty Brainstorming Grant [\$600] – Asian American Studies
2017 APA Minority Fellowship Program *Early Career Award for Research*
2016 Asian American Psychological Association *Early Career Award for Science*
2013 Asian American Psychological Association Leadership Fellow [\$1,500]
2013 Tri-Co Mellon Faculty Brainstorming Grant [\$560] – Asian Student Health
2012 Society for Personality and Social Psychology Student Travel Award [\$500]
2012 Assoc for Psychological Science Diversity Research (RISE) Honorable Mention
2010 UCLA Dissertation Year Fellowship [\$18,000]
2010 UCLA Dr. Ursula Mandel Scholarship in Health Psychology [\$15,000]
2010 UCLA Asian American Studies Center, Okura Research Grant [\$3,000]
2010 APA Division 38 Health Psychology Student Research Award [\$1,500]
2007-2010 UCLA Sloan Center on Everyday Lives of Families Fellow [\$18,000 p/yr]
2007-2010 APA Minority Fellowship Program SAMHSA Predoctoral Fellow [\$21,000 p/yr]
2009 UCLA Faculty Women’s Club Scholarship [\$2,500]
2009 UCLA Affiliates Scholarship [\$1,000]
2009 Assoc for Psychological Science Diversity Research (RISE) Award
2007/08/09 UCLA Graduate Summer Research Mentorship Fellowship [\$5,000 p/summer]
2008 UCLA Graduate Research Mentorship Fellowship [\$18,000]
2008 UCLA Institute of American Cultures Research Grant [\$5,700]
2007 Barnard College Alumnae Association Fellowship Program [\$5,000]
2007 National Science Foundation Graduate Research Fellowship Honorable Mention
2007 APA Student Travel Award [\$300]
2006 UCLA University Fellowship [\$18,000]

PEER-REVIEWED JOURNAL ARTICLES

**Student Co-Author*

24. **Wang, S.** & Lau, A. S. (2018). Ethnicity moderates the benefits of perceived support and emotional expressivity on stress reactivity for Asian Americans and Euro Americans. *Cultural Diversity and Ethnic Minority Psychology, 24*(3), 363-373.
23. *Atal, Z., **Wang, S.**, & Biella, R. (2017). The effects of brief contact on mental illness stigma: Preliminary evidence from an Italian vocational rehabilitation center. *Journal of Vocational Rehabilitation, 46*, 399-405.
22. Repetti, R. L., & **Wang, S.** (2017). Effects of job stress on family relationships. Relationships and Stress special issue for *Current Opinion in Psychology, 13*, 15-18.
21. **Wang, S.**, & Repetti, R. (2016). Who gives to whom?: Testing the support gap hypothesis with naturalistic observations of couple interactions. *Journal of Family Psychology, 30*(4), 492-502.

20. Tsai, W., Sun, M., **Wang, S.**, & Lau, A. S. (2016). Implications of emotion expressivity for daily and trait interpersonal and intrapersonal functioning across cultural groups. *Asian American Journal of Psychology*, 7(1), 52-63.
19. **Wang, S.**, & Lau, A. S. (2015). Mutual and non-mutual social support: Cultural differences in the psychological, behavioral, and biological effects of support-seeking. *Journal of Cross-Cultural Psychology*, 46(7), 916-929.
18. Louie, J. Y., **Wang, S.**, Fung, J. J., & Lau, A. S. (2014). Children's emotional expressivity and teacher perceptions of social competence: A cross-cultural comparison. *International Journal of Behavioral Development*. 39(6), 497-507.
17. **Wang, S.**, & Repetti, R. L. (2014). Psychological well-being and job stress predict marital support behavior: A Naturalistic observation study of dual-earner couples in their homes. *Journal of Personality and Social Psychology*, 107(5), 864-878.
16. Lau, A. S., **Wang, S.**, Fung, J. J., & Namikoshi, M. (2014). What happens when you 'can't read the air'? Cultural fit and aptitude by values interactions on social anxiety. *Journal of Social and Clinical Psychology*, 33(10), 853-866.
15. Repetti, R. L., & **Wang, S.** (2014). Employment and parenting. *Parenting: Science and Practice*, 14(2), 121-132
14. Campos, B., **Wang, S.**, Plaksina, T., Repetti, R. L., Schoebi, D., Beck, M., & Ochs, E. (2013). Positive and negative emotion in the daily life of dual-earner couples with children. *Journal of Family Psychology*, 27(1), 76-85.
13. Boerner, K., & **Wang, S.** (2012). Targets for rehabilitation: An evidence base for adaptive coping with visual disability. *Rehabilitation Psychology*, 57(4), 320-327.
12. Boerner, K., & **Wang, S.** (2012). Goals with limited vision: A qualitative study of coping with vision-related goal interference in midlife. *Clinical Rehabilitation*, 26(1), 81-93.
11. **Wang, S.**, Repetti, R. L., & Campos, B. (2011). Job stress and family social behavior: The moderating role of neuroticism. *Journal of Occupational Health Psychology*, 16(4), 441-456.
10. Repetti, R. L., **Wang, S.**, & Saxbe, D. (2011). Adult health in the context of everyday life. *Annals of Behavioral Medicine*, 42(3), 285-293.
9. **Wang, S.**, Shih, J. H., Hu, A. W., Louie, J. Y., & Lau, A. S. (2010). Cultural differences in daily support experiences. *Cultural Diversity and Ethnic Minority Psychology*, 16(3), 413-420.
8. Popivker, L., **Wang, S.**, & Boerner, K. (2010). Eyes on the prize: Life goals in the context of disability in midlife. *Clinical Rehabilitation*, 24(12), 1127-35.

7. Boerner, K., & **Wang, S.** (2010). How it matters when it happens: Life changes related to functional loss in middle-aged compared to older adults. *International Journal of Aging and Human Development*, 70(2), 163-179.
6. Lau, A. S., Fung, J. J., **Wang, S.**, & Kang, S. (2009). Explaining elevated social anxiety among Asian Americans: Emotional attunement and a cultural double bind. *Cultural Diversity and Ethnic Minority Psychology*, 15(1), 77-85.
5. Repetti, R. L., **Wang, S.**, & Saxbe, D. (2009). Bringing it all back home: How outside stressors shape families' everyday lives. *Current Directions in Psychological Science*, 18, 106-111.
4. **Wang, S.**, & Boerner, K. (2008). Staying connected: Reestablishing relationships following vision loss. *Clinical Rehabilitation*, 22(9), 816-824.
3. Boerner, K., **Wang, S.**, & Cimarolli, V. R. (2006). The impact of functional loss: Nature and implications of life changes. *Journal of Loss and Trauma*, 11(4), 265-287.
2. Cimarolli, V. R., & **Wang, S.** (2006). Social support differences among employed and unemployed adults who are visually impaired. *Journal of Visual Impairment and Blindness*, 100(9), 545-556.
1. Cimarolli, V. R., Boerner, K., & **Wang, S.** (2006). Life goals in vision rehabilitation: Are they addressed and how? *Journal of Visual Impairment and Blindness*, 100(6), 343-352.

INVITED PAPERS AND BOOK CHAPTERS

7. **Wang, S.**, & Campos, B. (2017). Cultural experiences, social ties, and stress: Focusing on the HPA axis. In J. M. Causadias, E. H. Telzer, and N. A. Gonzales (Eds.) *Handbook of Culture and Biology* (pp. 317-343). New York: Wiley.
6. **Wang, S.**, & Repetti, R. L. (2013). After the workday ends: How jobs impact family relationships. In A. L. Vangelisti (Ed.) *The Routledge Handbook of Family Communication 2nd Edition* (pp. 409-423). New York: Routledge.
5. Repetti, R. L., Saxbe, D., & **Wang, S.** (2013). Stress. In E. Ochs and T. Kremer-Sadlik (Eds.) *Fast-Forward Families* (pp. 174-191). California: University of California Press.
4. Repetti, R. L., **Wang, S.**, & Sears, M. (2013). Using direct observational methods to study the real lives of families: Advantages, complexities, and conceptual and practical considerations. In J. G. Grzywacz and E. Demerouti (Eds.) *New Frontiers in Work and Family Research* (pp. 172-189). New York: Psychology Press & Routledge.

3. Liu, L. L., **Wang, S.**, Fung, J., Gudiño, O. G., Tao, A., & Lau, A. S. (2012). Strengths and challenges in the development of Asian American youth: Contributions of cultural heritage and the Minority Experience. In E. Chang and C. Downey (Eds.) *Handbook of Race and Development in Mental Health*. New York: Springer.
2. Repetti, R. L., & **Wang, S.** (2009). Work-family spillover. In H. T. Reis and S. K. Sprecher (Eds.) *Encyclopedia of Human Relationships* (pp. 1694-7). Thousand Oaks, CA: Sage.
1. Repetti, R. L., & **Wang, S.** (2009). Parent employment and chaos in the family. In G. W. Evans and T. D. Wachs (Eds.) *Chaos and its influence on children's development: An ecological perspective* (pp. 191-208). Wash, DC: American Psychological Association.

WORKS IN PROGRESS

*Student Co-Author

Chang, J., **Wang, S.**, Mancini, C., McGrath-Mahrer, B., & Orama de Jesus, S. (2018, under review). The complexity of cultural mismatch in higher education: Norms affecting first-generation college students' coping and help-seeking behaviors.

*Moscoco, C., *Tauriello, S., & **Wang, S.** (2018, under review). "The two cultures cancel out": Ethnicity moderates the effect of body image discrepancy on disordered eating

*Romens, R., *Tuan, J.-L., *Fioramonti-Gorchow, G., & *Wang, S. (in preparation). "I felt a strong obligation to help": Cultural differences in experiences of obligation during support-provision in India and the United States.

Sperling, J., Repetti, R. L., **Wang, S.**, Campos, B., & O'Connor, B. (2018, under review). The dance of social engagement: Observing family interaction in everyday life.

Wang, S., Campos, B., Saxbe, D. E., & Repetti, R. (2018, under review). Remains of the day: Naturalistic observation evidence for biological and behavioral unwinding in dual-earner couples.

Wang, S., Lau, A. S., & *Brooks, C. (in preparation). Cultural differences in the effects of mutual support on observed behavior in friendship dyads.

Wang, S., *Shiv, D., *Marino, L., & *Tang, P. (in preparation). Support reciprocity: Cultural differences in the effects of *quid pro quo* support.

Wang, S., *Ward, M., & *Van Buren-Freedman, C. (in preparation). Gender differences in naturalistic emotional support interactions.

INVITED TALKS

- Wang, S.** (October 2017). The long-arm of culture in shaping relationships, coping, and health: Benefits, costs, and complexities of interdependence. 2016 Early Career Award research talk, Asian American Psychological Association Annual Convention, Las Vegas, NV.
- Wang, S.** (October 2016). Social support: How culture and gender shape what we find to be supportive. West Chester University of Pennsylvania, West Chester, PA.
- Wang, S.** (May 2012). Windows onto the real lives of families: Integrating naturalistic observation into research on family process. Social Science in Practice meeting, UCLA, Los Angeles, CA.
- Wang, S.** (January 2012). The everyday lives of families: Links between stress, social interaction, and diurnal cortisol. Gender, Work, and Family Research Group meeting, University of California, Irvine, CA
- Wang, S.** (November 2011). Someone to lean on: Stress, physiology, and social behavior in relationships. Clinical Area Brown Bag meeting, UCLA, Los Angeles, CA.
- Wang, S., & Lau, A. S.** (February 2011). When social support is stressful: Unpacking an Asian American paradox. Cultural Psychology Interest Group meeting, Central University of Hong Kong, China.

CHAired SYMPOSIA

- Wang, S. & Chang, J.** (May 2017). How do culture and social processes ‘get under the skin’?: Targeting the HPA-axis in cultural relationship science. Speakers: Belinda Campos, Stephen Chen, Cindy Liu, Shu-wen Wang, Jose Soto. Symposium presented at the annual convention of the Association for Psychological Science, Boston, MA.
- Chang, J. & **Wang, S.** (May 2017). Ties that bind: Culture shapes the effects of support and friendships on health and well-being. Speakers: Janet Chang, Qian Lu, Will Tsai, Belinda Campos. Symposium presented at the annual convention of the Association for Psychological Science, Boston, MA.
- Wang, S. & Fung, J.** (August 2014). Cultural influences on relationships in Asian and Asian American contexts. Speakers: Janet Chang, Joey Fung, Rich Lee, Natasha Thapar-Olmos, Shu-wen Wang. Symposium presented at the annual convention of the Asian American Psychological Association, Washington, D.C.
- Wang, S.** (June 2014). Effects of work on family social relationships: Evidence from observational and longitudinal research. Speakers: Joseph Grzywacz, Hillary Halpern, Maureen Perry-Jenkins, Shelley MacDermid Wadsworth, Shu-wen Wang. Symposium presented at the annual meeting of Work and Family Researchers Network, New York City, NY.
- Wang, S., & Lau, A. S.** (August 2009). Cultural influences on social interaction and relationships. Speakers: Belinda Campos, Sun-Mee Kang, Lisa Kiang, Joni Sasaki, Shu-wen Wang. Symposium presented at the annual convention of the American Psychological Association, Toronto, CA.

SELECTED CONFERENCE PRESENTATIONS

*Student Co-Author

- *Tauriello, S., *Moscoso, C., & **Wang, S.** (May 2018). "The Two cultures cancel out": Ethnicity moderates the effects of body image discrepancy on disordered eating. Poster presented at Association for Psychological Science, San Francisco, CA.
- Chang, J., **Wang, S.**, & Mancini, C. (May 2018). The Complexity of cultural mismatch and help-seeking behaviors among first-generation college students. Talk presented at APS Cultural-Clinical Psychology Preconference, San Francisco, CA.
- Wang, S.** & Lau, A. (May 2017). Social support, emotion expressivity, and stress reactivity: Different links for Asian Americans and Euro Americans. In S. Wang and J. Chang (Co-Chairs), *How do culture and social processes 'get under the skin'?: Targeting the HPA-axis in cultural relationship science*. Symposium presented at Assoc. for Psychological Science, Boston, MA.
- *Marino, L., *Shiv, D., & **Wang, S.** (May 2017). Effects of support reciprocity in Asian American and European American friendship dyads. Poster presented at Association for Psychological Science, Boston, MA.
- *Aronowitz, C., *Kim, D. S., & **Wang, S.** (May 2016). Cultural variation in the effects of capitalization responses on individual and relationship outcomes. Poster presented at Association for Psychological Science, Chicago, IL.
- *Banfi, N., & *Broomfield, C., & Wang, S. (May 2016). Stressors, coping, and social support in Asian, Asian American, and European American college students. Poster presented at Association for Psychological Science, Chicago, IL.
- Wang, S.**, Lau, A., & Brooks, C. (May 2016). Cultural differences in support mutuality and observed support behavior. In Y. Chentsova-Dutton (Chair), *Cultural shaping of social support "In the Head" and "In the World."* Symposium presented at Association for Psychological Science, Chicago, IL.
- *Ward, M. A., *Van Buren-Freedman, C., & **Wang, S.** (May 2015). Sex differences in spousal support interactions. Poster presented at American Psychological Association, New York, NY.
○ Received Student Research Award Honorable Mention.
- *Brooks, C., & **Wang, S.** (November 2014). Differences in social support interactions across cultures. Poster presented at Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Atal, Z., **Wang, S.**, & Biella, R. (August 2014). Use of an Italian vocational rehabilitation center changes perceptions of the mentally ill. Poster presented at American Psychological Association, Washington, D. C.
○ Received 3rd place student poster prize by Division 52 (International Psychology).
- Wang, S.**, & Lau, A. (August 2014). Culture and relationship reciprocity. In S. Wang and J. Fung (Co-Chairs), *Cultural influences on relationships in Asian and Asian American contexts*. Symposium presented at Asian American Psychological Association, Washington, D.C.

- Wang, S.,** & Thakar, D. (August 2014). Harnessing the power of media: A How-To Guide for giving Asian American psychology away. In *AAPA Leadership Fellows Symposium*. Symposium presented at Asian American Psychological Association, Washington, D. C.
- Wang, S.,** & Repetti, R. L. (June 2014). Job stress and naturalistic social support processes in dual-earner middle-class families. In S. Wang (Chair), *Effects of work on family social relationships: Evidence from observational and longitudinal research*. Symposium presented at Work and Family Researchers Network, New York City, NY.
- Wang, S.,** & Repetti, R. L. (January 2012). Naturalistic couple support interactions and their links with depressive symptoms and diurnal cortisol slopes. Poster presented at Society for Personality and Social Psychology, San Diego, Los Angeles, CA.
- Wang, S.,** Shih, J., Hu, A. W., & Lau, A. S. (August 2009). Cultural influences on daily social support use. In A. S. Lau and S. Wang (Co-Chairs), *Cultural Influences on Social Interaction and Relationships*. Symposium presented at American Psychological Association, Toronto, CA.
- Wang, S.,** Repetti, R. L., & Campos, B. (August 2009). Links between naturalistic social behavior and HPA-axis activity in families. Poster presented at American Psychological Association, Toronto, CA.
- Wang, S.** (May 2009). Cultural influences on daily support use. In *Association for Psychological Science Student Research Award (RISE) Symposium*. Symposium presented at Association for Psychological Science, San Francisco, CA.
- Wang, S.,** & Repetti, R. L. (March 2009). Husbands' responses to job stress in marital interactions are moderated by emotional and marital distress. In B. Ditzen (Chair), *Couple Interaction and Stress Across the Life Course: Implications for Health and Disease*. Symposium presented at American Psychosomatic Society, Chicago, IL.
- Repetti, R. L., & **Wang, S.** (October 2007). Parent employment and chaos in the family. Paper presented at the Cornell University Conference on "Chaos and Children's Development: Levels of Analysis and Mechanisms," Ithaca, NY.
- Wang, S.,** Fung, J., Lau, A. S., & Kang, S. (August 2007). Personality traits mediate ethnic differences in social adjustment. Poster presented at American Psychological Assoc., San Francisco, CA.
- Boerner, K., **Wang, S.,** & Cimarolli, V. R. (August 2006). Life changes related to functional loss: Their nature and implications. In P. B. Baltes (Chair), *Promoting Growth and Managing Losses: Implications for Well-Being and Health*. Symposium presented at American Psychological Association, New Orleans, LA.
- Wang, S.,** & Woike, B. A. (July 2004). The perception of work-love tension on personality characteristics and well-being. Poster presented at the 12th European Conference on Personality, Groningen, The Netherlands.

TEACHING EXPERIENCE

Courses Taught at Haverford College

Asian American Psychology Seminar (PSYC X) – course development award received for Fa19

Cultural Psychology Lecture (PSYC 242) – Sp13, Sp14, Sp16, Fa17, to be taught Sp19

Cultural Psychology Lab (PSYC 342) – Sp13, Sp16

Foundations of Psychology (PSYC 100) – Sp15, Fa15, Sp18, Fa18

Psychology Practicum Seminar (PSYC 380) – Sp18, to be taught Sp19

*Featured as a *Cool Class* on the Haverford blog series

Stress and Coping Seminar (PSYC 337) – Fa15, Fa17, Fa18

*Featured as a *Cool Class* on the Haverford blog series

Senior Thesis Research (PSYC 390/396/398) – 2013-14, 2014-15, 2015-16, 2017-18

Faculty advisor - Haverford student-led seminar *Asian/America: A Search for Belonging* – Fa18

Two-Semester Empirical Thesis Projects

I have advised several two-semester empirical thesis projects with Haverford psychology students. These projects entail development of research questions/hypotheses, study design, subject recruitment, data collection and analysis, and interpretation of findings. Students write a full APA-style research paper and present a poster to the department. In addition, several of these projects have resulted in co-authored conference presentations (posters and talks) and publications in peer-reviewed journals (listed earlier under their respective sections).

- *Zara Atal (HC14)* – former Research Coordinator (Mt. Sinai School of Medicine), started M.D. program in 2017 (Albany Medical College)
- *Catherine Brooks (HC14)* – former Research Coordinator (Penn Treatment Research Center), started MPH program in 2017 (Columbia University)
- *Catherine Aronowitz (HC15)* – Research Coordinator (Penn Psychiatry)
- *Natalia Banfi (HC15)* – consultant (A.T. Kearney)
- *Caroline Broomfield (HC15)* – research coordinator (CHOP), started MPH program in 2018 (University of Pennsylvania)
- *Dayna Kim (HC15)* – former research analyst (Gartner L2), started BS/MS nursing program in 2017 (NYU)
- *Laura Marino (HC16)* – market research analyst (WebMD)
- *Clarianne Moscoso (HC16)* – starting M.D. program in 2018 (U of Rochester)
- *Divya Shiv (HC16)* – child behavioral therapist, community organizer
- *Sara Tauriello (HC16)* – received M.A. in Nutrition (Canisius College) in 2017, started Ph.D. in Clinical Psychology in 2018 (U at Buffalo)
- *Michaela Ward (HC16)* – former Research Coordinator at Penn Positive Psychology Center, started M.S. in Education program in 2017 (Penn)
- *Grace Fioramonti-Gorchow (HC18)* – analyst (PURE Group)
- *Rachel Romens (HC18)*
- *Jia-Ling Tuan (HC18)*

SERVICE

Academic Committee Work

- 2018-2019 Search Committee for tenure-track Developmental Psychologist, Haverford Coll.
- 2017-2019 Junior Faculty Rep to Faculty Affairs and Planning Committee, Haverford Coll.
(elected position)
- 2017-2018 Faculty Rep to Committee on Student Standing and Programs, Haverford College
- 2015-2016 Faculty Rep to Committee on Student Standing and Programs, Haverford College
- 2015-2016 Faculty Rep to Admission Task Force on Market Research, Haverford College
- 2013-2014 Search Committee for tenure-track Health Psychologist, Bryn Mawr College
- 2013-2014 Pre-Health Advising Committee, Haverford College

Journal Reviewing

- 2016-current Consulting Editor, *Journal of Family Psychology*
- 2016-2017 Consulting Editor, *Cultural Diversity and Ethnic Minority Psychology*
- 2015-2017 Review Editor (Cultural Psych section), *Frontiers in Psychology*

Ad Hoc Reviewer: European J of Social Psychology, J Cross-Cultural Psychology, J Personality and Social Psychology, J Social and Clinical Psychology, J Social and Personal Relationships, Personal Relationships, Personality and Social Psychology Bulletin

Other Professional Service

- 2018 Dissertation and Grant Award Committee, Asian American Psychological Association
- 2017/18 Cultural-Clinical Psychology Preconference Planning Committee, Assoc. for Psych. Sci.
- 2014/17 Poster Judge, Asian American Psychological Association Convention
- 2014 Poster Judge, Asian American Psychological Association Convention
- 2007/08 Student Executive Board (RISE Coordinator), Assoc. for Psychological Science

CLINICAL EXPERIENCE

(Licensed in PA State #PS 017847 since May 2015)

I have trained extensively in evidence-based treatments for individuals, couples, and groups. While I am primarily a cognitive-behavioral therapy practitioner, I also draw from psychodynamic and acceptance and mindfulness-based approaches. My areas of clinical specialty include depression, anxiety, relationship issues, women's health, sexual assault, multicultural and identity issues, and stress management. I am experienced working with adults and college-aged students, and have trained in integrative behavioral couple therapy.

- Oct 2017 **Diplomate** (certified CBT therapist), Academy of Cognitive Therapy
- Sept 2016-
Present **Psychologist**, Bryn Mawr Psychological Associates
Conduct individual, couple, and family therapy as part of a CBT-oriented group practice serving youth, parents, and families.
Practice Director: Brad Norford, Ph.D.
- Jan 2013-
May 2014 **Psychology Resident**, Center for Cognitive Therapy, Penn Medicine
Completed post-doctoral training and certification in CBT. Conducted short- and long-term individual therapy. Specialized training in sexual trauma.
Supervisor: Mary Anne Layden, Ph.D. (Director of Training)
- 2011-2012 **Psychology Intern**, West Los Angeles VA Medical Center (general track)
Completed APA-accredited pre-doctoral internship at a major VA medical center. Conducted individual, couple, and group therapy with veterans. Rotations included: PTSD Clinic, Women's Clinic, Primary Care, CBT for Psychosis Clinic, Mental Health Clinic, MOVE! Weight Management program, Geropsychiatry Clinic, Community Living Center (Nursing Home Unit).
Supervisor: Anna Okonek, Ph.D. (Director of Training)
- 2007-2011 **Clinical Therapy Supervisor**, UCLA Psychology Clinic (2010-2011)
Supervised graduate students in CBT and psychodynamic therapy.
Clinical Intake/Diagnostic Supervisor, UCLA Psychology Clinic (2009)
Supervised graduate students in conducting unstructured intake interviews.
Advanced Therapist UCLA Psychology Clinic (2009-2011)
Conducted individual and couple therapy in a community clinic. Administered psychoeducational and neuropsychological testing.
Supervisors: Jill Waterman, Ph.D. (Director), Harriet Boxer, Ph.D., Andrew Christensen, Ph.D., Eric N. Miller, Ph.D.
- 2008-2009 **Practicum Therapist**, UCLA Counseling and Psychological Services (CAPS)
Conducted individual and group therapy with diverse college student body
Supervisor: Bonnie Zucker, Ph.D. (Assistant Training Director)
- 2007-2008 **Assessor and Therapist**, UCLA University Elementary School
Conducted child therapy (CBT, play) and administered psychoeducational testing.
Supervisor: Jeffrey Jacobs, Ph.D. (Director of Psychological Services)