



Foundations of Psychology (PSYC 100)
Spring 2018 Course Syllabus
Tues/Thurs 11:30a-1:00p, 430 Sharpless Hall

Instructor: Shu-wen Wang, PhD, Assistant Professor
Contact: swang1@haverford.edu, x6234
Office: 410 Sharpless Hall
Office Hours: Thursdays 1:00p-2:30p and by appointment
(I hope EACH of you comes to see me at least once this semester!)

Course Description and Objectives

Why do people think and act the way they do? How do we best understand, explain, and predict human thought and behavior? This course addresses these questions and provides an introduction to the scientific study of mind and behavior. Topics include biological, cognitive, personality, abnormal, social, and cultural psychology, as well as a general consideration of the empirical approach to the study of behavior.

By the end of the course, students are expected to:

- 1) Describe the fundamentals of psychological research design and methodology
- 2) Discuss the ways in which psychologists apply their training and expertise
- 3) Explain key findings and landmark studies from across the major domains of psychology
- 4) Demonstrate critical thinking and healthy skepticism about research findings

Course Readings

- 1) Textbook – *Essentials of Psychology* (5th edition) by Stephen Franzoi. Available for purchase in the College Bookstore and online. Also on reserve in Science Library.
- 2) Additional readings are available on the course Moodle site.

Tips on Preparing for the Course

It is absolutely imperative and to your benefit to keep up with the reading load on a weekly basis. Lecture material will only highlight a portion of the course readings, and new material may be presented in lecture that doesn't appear in the course readings. You are responsible for all material (lecture and readings).

Studies have found that active learning strategies enhance comprehension and retention.

- Participate in class discussions, ask questions, come to office hours.
- Hand-write your notes during lecture! Research shows typing is not as effective for retention.
- Have a study partner or group to compare notes with and discuss material
- Write your own outlines or summaries of readings (underlining falls short)
- Quiz yourself as you read; ask yourself questions and answer them

Slides -- Slides will be posted on Moodle for your reference AFTER the class lecture.

Support, Access, and Disability

Haverford College is committed to supporting the learning process for all students. Please contact me as soon as possible if you are having difficulties in the course. There are also many resources on campus available to you as a student, including the Office of Academic Resources (<https://www.haverford.edu/oar/>), the Writing Center (<https://www.haverford.edu/writing-center/>), and the Office of Access and Disability Services (<https://www.haverford.edu/access-and-disability-services/>). If you think you may need accommodations because of a disability, you should contact Access and Disability Services at hc-ads@haverford.edu. If you have already been approved to receive academic accommodations and would like to request accommodations in this course because of a disability, please meet with me privately at the beginning of the semester (ideally within the first two weeks) with your verification letter.

Grading Scale

Grade	Points	Grade	Points
A / 4.0	94-100	C+ / 2.3	77-79.99
A- / 3.7	90-93.99	C / 2.0	73-76.99
B+ / 3.3	87-89.99	C- / 1.7	70-72.99
B / 3.0	83-86.99	D+ / 1.3	67-69.99
B- / 2.7	80-82.99	D / 1.0	60-66.99
		F / 0.0	59.99 and below

Course Requirements

Grades are determined based on the following course requirements:

1. Exams (3 exams worth 20%, 25%, 25%)	70%
2. Media Paper	15%
3. Reaction Papers (2 papers, 5% each)	10%
4. Research Participation (three credits)	5%
5. Attendance and participation	-

TOTAL = 100

- 1) **Exams (three exams; 70% total):** There are THREE non-cumulative in-class exams. Exam #1 (20%) will cover material from the first third of the course, Exam #2 (25%) will cover material from the second third, and Exam #3 (25%) will cover material from the last third. Exam material will be drawn from the textbook, other course readings, and lectures. Exams include multiple choice and short answer formats.
- 2) **Media Paper (5-6 pages; 15%):** This assignment will increase your familiarity with finding and comprehending journal articles, and critiquing media write-ups of scientific work. You will review a media write-up of a scientific study and the journal article on which it was based, and critique the media coverage. See further instructions on Moodle.
- 3) **Reaction Papers (two papers; 2 pages each; 10% total):** There are TWO reaction papers that can be written on any week's readings (your choice). You will be given a prompt and asked to reflect on and apply the material you are learning, and write a cohesive response. See further instructions on Moodle.
- 4) **Research Participation (3 credits; 5%):** You are required to complete 3 research credits. Research credit can be obtained by any combination of the following; each example is worth 1 credit: (1) participating in a research study, (2) writing a 2-page response paper about the IRB, or (3) attending a scholarly talk in psychology (must be approved by me). See further instructions on Moodle.
- 5) **Attendance and participation:** While no points are formally assigned for attendance and participation, your attendance is expected at every class meeting. I understand that we all run late every once in a while and that unforeseen events happen; however, generally, I expect that you will be on time and arrive ready to participate. Active engagement in class is crucial to your mastery of the material. *At my discretion, I may adjust your final grade depending on your attendance and participation.*

Course Schedule

Week (Dates)	Topic	Reading
Wk 1 – 1/23 1/25	Course Introduction; Science of Psychology Research Methods, Ethics	Ch 1.1-1.3
Wk 2 – 1/30 2/1	Biology & Behavior	Ch 2.1-2.4
Wk 3 – 2/6 2/8	Sensation & Perception	Ch 4.1-4.5
Wk 4 – 2/13 2/15	EXAM 1 Learning	Ch 6.1-6.3, #1
Wk 5 – 2/20 2/22	Attention and Memory	Ch 7.1-7.5
Wk 6 – 2/27 3/1	Motivation Emotion	Ch 9.1-9.4 Ch 9.5, #2
Wk 7 – 3/6 3/8	Human Development	Ch 3.1-3.6
Wk 8 –	***** SPRING BREAK *****	
Wk 9 – 3/20 3/22	Personality	Ch 10.1-10.5
Wk 10 – 3/27 3/29	EXAM 2 Culture	#3
Wk 11 – 4/3 4/5	Social Psychology	14.1-14.5, #4
Wk 12 – 4/10 4/12	Stress & Health Psychological Disorders	13.1-13.2, #5 11.1-11.2
Wk 13 – 4/17 4/19	Treatment of Psychological Disorders	12.1-12.7
Wk 14 – 4/24 4/26	EXAM 3	
Wk 15 – 5/1 5/3	Special Topics Research Participation due	
	MEDIA PAPER DUE Seniors – Sat 5/12 5pm Others – Fri 5/19 12 noon	

#	Additional Readings (available on Moodle)
1	Watson, J. B., & Rayner, R. (1920). Conditioned emotional reactions. <i>Journal of Experimental Psychology</i> , 3, 1-14. *Reprinted in American Psychologist.
2	Ekman, P., & Friesen, W. V. (1971). Constants across cultures in the face and emotion. <i>Journal of Personality and Social Psychology</i> , 17(2), 124-129.
3	Markus, H. R., & Kitayama, S. (2010). Culture and selves: A cycle of mutual constitution. <i>Perspectives on Psychological Science</i> , 5, 420-430.
4	Milgram, S. (1963). Behavioral study of obedience. <i>Journal of Abnormal and Social Psychology</i> , 67, 371-378.
5	Cohen, S., Doyle, W. J., Skoner, D. P., Rabin, B. S., & Gwaltney, J. M. J. (1997). Social ties and susceptibility to the common cold. <i>Journal of the American Medical Association</i> , 277, 1940-1944.

Class Policies

- 1) **Academic Integrity:** I have zero tolerance for academic dishonesty of any kind. This includes 'cheating' (giving or obtaining assistance on exams) as well as plagiarism (using another person's work, words, or ideas without properly crediting them). Follow the Haverford College Honor Code. Consult the APA Publication Manual.
- 2) **Phone and Laptop Etiquette:** Please turn off or silence your cell phones. No texting. Students who use laptops must sit in the first row and restrict use to class activities.
- 3) **Office Hours:** I strongly encourage you to visit me during office hours to ask questions and discuss assignments. I hope that EACH of you will come visit at least ONCE this semester.
- 4) **Emails:** I will try to respond to emails within 24 hours. The more specific your question and the more you've thought about it, the better I'll be able to address it. For any question that requires an extensive response, I may ask you to come to office hours instead.
- 6) **Missing Exams:** If you miss an exam, you will receive a 0. Make-up exams are only given in the case of serious personal illness and emergency; both require documentation and you must get in touch with me *immediately* after the event. If you know in advance of a *legitimate* conflict (e.g., requirements for another class, a game) with an exam date, please contact me immediately. I will consider alternative arrangements on a case-by-case basis; note that you may be asked to take the exam at an earlier date. You may want to drop the course if I do not view the conflict as warranting an alternative arrangement.
- 7) **Late Papers:** My policy on late papers is that for each 24 hour period of lateness, I'll deduct one grade point level. For example, if the paper is due Monday 5pm and you submit the paper Tues 4pm (within 24 hours), your original 3.3 would now become a 3.0. If you submit the paper Tues 5:30pm (past 24 hours), your original 3.3 would now become a 2.7.
- 8) **Grade Disputes:** If you believe that you did not receive a fair grade on an exam or paper, you may submit a written grade dispute to me. The typed grade dispute should include the reason why you believe your work/answer is correct including references to readings or lecture material for support, and the number of points you feel you should have received. The dispute should be submitted to me (in my hand or under my door; no emails) along with the original assignment within 1 week after the exam or the date the paper was returned to you. I will consider your case and make any adjustments at my discretion.