

Curriculum Vitae
Shu-wen Wang, PhD

Department of Psychology
Haverford College
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Haverford, PA 19041

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PROFESSIONAL POSITIONS

- July 2012 – present Assistant Professor, Department of Psychology, Haverford College
[On maternity leave during Fall 2012 and Fall 2014 semesters; half-time status from Jan 2013 to May 2014 while completing clinical residency/postdoc; on sabbatical from 2016-2017)
- Sept 2016 – present Licensed Clinical Psychologist, Bryn Mawr Psychological Associates

EDUCATION/LICENSES

- May 2015 – Present Licensed Clinical Psychologist, Pennsylvania (PS017847)
- 2013 – 2014 Psychology Resident, Department of Psychiatry (Center for Cognitive Therapy), University of Pennsylvania School of Medicine
- 2011 – 2012 Clinical Internship, Veterans Affairs Greater Los Angeles Healthcare System (Site: West Los Angeles VA Medical Center, General Track/APA-accredited)
- 2006 – 2012 M.A. (2007), PhD (2012), University of California, Los Angeles
Clinical Psychology (with minor in Quantitative Psychology)
Dissertation Title: Marital Support, Well-being and Health in Everyday Life
Dissertation Chair: Rena Repetti, PhD
- 2000 – 2004 B.A. (Summa Cum Laude), Barnard College, Columbia University
Majors: Psychology and Anthropology

RESEARCH INTERESTS

I study stress, coping, and health and well-being in the context of relationships. I examine social behavior, with an emphasis on social support process, and its links with mental health and biological stress responding (e.g., the HPA-axis). One branch of my work focuses on cultural factors that shape these linkages and their effects on Asian American mental health. A secondary area of interest is on patterns of emotion processes as they are linked with relationships and social behavior.

HONORS, AWARDS, GRANTS

- 2017 APA Minority Fellowship Program *Early Career Award for Research*
2017 Diplomate and Certified CBT Therapist, Academy of Cognitive Therapy
2016 Asian American Psychological Association *Early Career Award for Science*
2013-2014 Asian American Psychological Association Leadership Fellow [\$1,500]
2013 Tri-College Mellon Faculty Brainstorming Grant [\$560]
2012 SPSP Student Travel Award [\$500]
2012 Assoc for Psychological Science Diversity Research Award (RISE) Hon. Mention
2010-2011 UCLA Dissertation Year Fellowship [\$18,000]
2010-2011 UCLA Dr. Ursula Mandel Scholarship in Health Psychology [\$15,000]
2010 UCLA Asian American Studies Center, Okura Research Grant [\$3,000]
2010 APA Division 38 Health Psychology Student Research Award [\$1,500]
2007-2010 UCLA Sloan Center on Everyday Lives of Families Fellow [\$18,000 p/yr]
2007-2010 APA Minority Fellowship Program, Predoctoral Fellow [\$21,000 p/yr]
2009 UCLA Faculty Women's Club Scholarship [\$2,500]
2009 UCLA Affiliates Scholarship [\$1,000]
2009 Assoc for Psychological Science Diversity Research (RISE) Award
2007/08/09 UCLA Graduate Summer Research Mentorship Fellowship [\$5,000 p/summer]
2008-2009 UCLA Graduate Research Mentorship Fellowship [\$18,000]
2008 UCLA Institute of American Cultures Research Grant [\$5,700]
2007-2008 Barnard College Alumnae Association Fellowship Program [\$5,000]
2007 National Science Foundation Graduate Research Fellowship Honorable Mention
2007 APA Student Travel Award [\$300]
2006-2007 UCLA University Fellowship [\$18,000]

PEER-REVIEWED JOURNAL ARTICLES

^{HC}Haverford student

- ^{HC}Atal, Z., **Wang, S.**, & Biella, R. (2017). The effects of brief contact on mental illness stigma: Preliminary evidence from an Italian vocational rehabilitation center. *Journal of Vocational Rehabilitation*, 46, 399-405.
- Repetti, R. L., & **Wang, S.** (2017). Effects of job stress on family relationships. Relationships and Stress special issue for *Current Opinion in Psychology*, 13, 15-18.
- Wang, S.**, & Repetti, R. (2016). Who gives to whom?: Testing the support gap hypothesis with naturalistic observations of couple interactions. *Journal of Family Psychology*, 30(4), 492-502.
- Tsai, W., Sun, M., **Wang, S.**, & Lau, A. S. (2016). Implications of emotion expressivity for daily and trait interpersonal and intrapersonal functioning across cultural groups. *Asian American Journal of Psychology*, 7(1), 52-63.
- Wang, S.**, & Lau, A. S. (2015). Mutual and non-mutual social support: Cultural differences

- in the psychological, behavioral, and biological effects of support-seeking. *Journal of Cross-Cultural Psychology*, 46(7), 916-929.
- Louie, J. Y., **Wang, S.**, Fung, J. J., & Lau, A. S. (2014). Children's emotional expressivity and teacher perceptions of social competence: A cross-cultural comparison. *International Journal of Behavioral Development*. 39(6), 497-507.
- Wang, S.**, & Repetti, R. L. (2014). Psychological well-being and job stress predict marital support behavior: A Naturalistic observation study of dual-earner couples in their homes. *Journal of Personality and Social Psychology*, 107(5), 864-878.
- Lau, A. S., **Wang, S.**, Fung, J. J., & Namikoshi, M. (2014). What happens when you *can't read the air*? Cultural fit and aptitude by values interactions on social anxiety. *Journal of Social and Clinical Psychology*, 33(10), 853-866.
- Repetti, R. L., & **Wang, S.** (2014). Employment and parenting. *Parenting: Science and Practice*, 14(2), 121-132
- Campos, B., **Wang, S.**, Plaksina, T., Repetti, R. L., and Schoebi, D. (2013). Positive and negative emotion in the daily life of dual-earner couples with children. *Journal of Family Psychology*, 27(1), 76-85.
- Boerner, K., & **Wang, S.** (2012). Targets for rehabilitation: An evidence base for adaptive coping with visual disability. *Rehabilitation Psychology*, 57(4), 320-327.
- Boerner, K., & **Wang, S.** (2012). Goals with limited vision: A qualitative study of coping with vision-related goal interference in midlife. *Clinical Rehabilitation*, 26(1), 81-93.
- Wang, S.**, Repetti, R. L., & Campos, B. (2011). Job stress and family social behavior: The moderating role of neuroticism. *Journal of Occupational Health Psych*, 16(4), 441-456.
- Repetti, R. L., **Wang, S.**, & Saxbe, D. (2011). Adult health in the context of everyday life. *Annals of Behavioral Medicine*, 42(3), 285-293.
- Wang, S.**, Shih, J. H., Hu, A. W., Louie, J. Y., & Lau, A. S. (2010). Cultural differences in daily support experiences. *Cultural Diversity and Ethnic Minority Psychology*, 16(3), 413-420.
- Popivker, L., **Wang, S.**, & Boerner, K. (2010). Eyes on the prize: Life goals in the context of disability in midlife. *Clinical Rehabilitation*, 24(12), 1127-35.
- Boerner, K., & **Wang, S.** (2010). How it matters when it happens: Life changes related to functional loss in middle-aged compared to older adults. *International Journal of Aging and Human Development*, 70(2), 163-179.
- Lau, A. S., Fung, J. J., **Wang, S.**, & Kang, S. (2009). Explaining elevated social anxiety among Asian Americans: Emotional attunement and a cultural double bind. *Cultural Diversity and Ethnic Minority Psychology*, 15(1), 77-85.

- Repetti, R. L., **Wang, S.**, & Saxbe, D. (2009). Bringing it all back home: How outside stressors shape families' everyday lives. *Current Directions in Psychological Science*, *18*, 106-111.
- Wang, S.**, & Boerner, K. (2008). Staying connected: Reestablishing relationships following vision loss. *Clinical Rehabilitation*, *22*(9), 816-824.
- Boerner, K., **Wang, S.**, & Cimarolli, V. R. (2006). The impact of functional loss: Nature and implications of life changes. *Journal of Loss and Trauma*, *11*(4), 265-287.
- Cimarolli, V. R., & **Wang, S.** (2006). Social support differences among employed and unemployed adults who are visually impaired. *Journal of Visual Impairment and Blindness*. *100*(9), 545-556.
- Cimarolli, V. R., Boerner, K., & **Wang, S.** (2006). Life goals in vision rehabilitation: Are they addressed and how? *Journal of Visual Impairment and Blindness*, *100*(6), 343-352.

INVITED PAPERS AND BOOK CHAPTERS

- Wang, S.**, & Campos, B. (2017). Cultural experiences, social ties, and stress: Focusing on the HPA axis. In J. M. Causadias, E. H. Telzer, and N. A. Gonzales (Eds.) *Handbook of Culture and Biology*. New York: Wiley.
- Wang, S.**, & Repetti, R. L. (2013). After the workday ends: How jobs impact family relationships. In A. L. Vangelisti (Ed.) *The Routledge Handbook of Family Communication 2nd Edition* (pp. 409-423). New York: Routledge.
- Repetti, R. L., Saxbe, D., & **Wang, S.** (2013). Stress. In E. Ochs and T. Kremer-Sadlik (Eds.) *Fast-Forward Families* (pp. 174-191). California: University of California Press.
- Repetti, R. L., **Wang, S.**, & Sears, M. (2013). Using direct observational methods to study the real lives of families: Advantages, complexities, and conceptual and practical considerations. In J. G. Grzywacz and E. Demerouti (Eds.) *New Frontiers in Work and Family Research* (pp. 172-189). New York: Psychology Press & Routledge.
- Liu, L. L., **Wang, S.**, Fung, J., Gudiño, O. G., Tao, A., & Lau, A. S. (2011). Strengths and challenges in the development of Asian American youth: Contributions of cultural heritage and the Minority Experience. In E. Chang and C. Downey (Eds.) *Handbook of Race and Development in Mental Health*. New York: Springer.
- Repetti, R. L., & **Wang, S.** (2009). Work-family spillover. In H. T. Reis and S. K. Sprecher (Eds.) *Encyclopedia of Human Relationships* (pp. 1694-7). Thousand Oaks, CA: Sage.
- Repetti, R. L., & **Wang, S.** (2009). Parent employment and chaos in the family. In G. W. Evans and T. D. Wachs (Eds.) *Chaos and its influence on children's development: An ecological perspective* (pp. 191-208). Wash, DC: American Psychological Association.

WORKS IN PROGRESS

^{HC}Haverford student ^{BMC}Bryn Mawr student

- ^{HC}Moscoso, C., ^{HC}Tauriello, S., & **Wang, S.** (2017, under review). "The two cultures cancel out": Culture buffers body image discrepancy on disordered eating
- Sperling, J., Repetti, R. L., **Wang, S.**, Campos, B., & O'Connor, B. (2017, revisions invited). The dance of social engagement: Observing family interaction in everyday life.
- Wang, S.** & Lau, A. S. (2017, revisions invited). Cultural moderation of the benefits of perceived support and emotional expressivity on stress reactivity.
- Wang, S.**, Campos, B., Saxbe, D. E., & Repetti, R. (2017, under review). Good for the gander, not for the goose: Sex differences in links between social engagement and diurnal cortisol in couples.
- Chang, J., & **Wang, S.** (in preparation). Cultural complexities of social support among Asian Americans. Review paper for *Asian American Journal of Psychology*.
- Wang, S.**, Lau, A. S., & ^{HC}Brooks, C. (in preparation). Cultural differences in the effects of mutual support on observed behavior in friendship dyads.
- Wang, S.**, ^{HC}Shiv, D., ^{HC}Marino, L., & ^{BMC}Tang, P. (in preparation). Support reciprocity: Cultural differences in the effects of *quid pro quo* support.
- Wang, S.**, ^{HC}Ward, M., & ^{HC}Van Buren-Freedman, C. (in preparation). Gender differences in naturalistic emotional support interactions.

INVITED TALKS

- Wang, S.** (October 2017). The long-arm of culture in shaping relationships, coping, and health: Benefits, costs, and complexities of interdependence. 2016 Early Career Award research talk, Asian American Psychological Association Annual Convention, Las Vegas, NV.
- Wang, S.** (October 2016). Social support: How culture and gender shape what we find to be supportive. West Chester University of Pennsylvania, West Chester, PA.
- Wang, S.** (May 2012). Windows onto the real lives of families: Integrating naturalistic observation into research on family process. Social Science in Practice meeting, UCLA, Los Angeles, CA.
- Wang, S.** (January 2012). The everyday lives of families: Links between stress, social interaction, and diurnal cortisol. Gender, Work, and Family Research Group meeting, University of California, Irvine, CA
- Wang, S.** (November 2011). Someone to lean on: Stress, physiology, and social behavior in relationships. Clinical Area Brown Bag meeting, UCLA, Los Angeles, CA.
- Wang, S.**, & Lau, A. S. (February 2011). When social support is stressful: Unpacking an Asian American paradox. Cultural Psychology Interest Group meeting, Central University of Hong Kong, China.

CHAired SYMPOSIA

- Wang, S.** & Chang, J. (May 2017). How do culture and social processes 'get under the skin'? Targeting the HPA-axis in cultural relationship science. Speakers: Belinda Campos, Stephen Chen, Cindy Liu, Shu-wen Wang, Jose Soto. Symposium presented at the annual convention of the Association for Psychological Science, Boston, MA.
- Chang, J. & **Wang, S.** (May 2017). Ties that bind: Culture shapes the effects of support and friendships on health and well-being. Speakers: Janet Chang, Qian Lu, Will Tsai, Belinda Campos. Symposium to be presented at the annual convention of the Association for Psychological Science, Boston, MA.
- Wang, S.** & Fung, J. (August 2014). Cultural influences on relationships in Asian and Asian American contexts. Speakers: Janet Chang, Joey Fung, Rich Lee, Natasha Thapar-Olmos, Shu-wen Wang. Symposium presented at the annual convention of the Asian American Psychological Association, Washington, D.C.
- Wang, S.** (June 2014). Effects of work on family social relationships: Evidence from observational and longitudinal research. Speakers: Joseph Grzywacz, Hillary Halpern, Maureen Perry-Jenkins, Shelley MacDermid Wadsworth, Shu-wen Wang. Symposium presented at the annual meeting of Work and Family Researchers Network, New York City, NY.
- Wang, S.,** & Lau, A. S. (August 2009). Cultural influences on social interaction and relationships. Speakers: Belinda Campos, Sun-Mee Kang, Lisa Kiang, Joni Sasaki, Shu-wen Wang. Symposium presented at the annual convention of the American Psychological Association, Toronto, CA.

SELECTED CONFERENCE PRESENTATIONS

^{HC}Haverford student

- Wang, S.** & Lau, A. (May 2017). Social support, emotion expressivity, and stress reactivity: Different links for Asian Americans and European Americans. In S. Wang and J. Chang (Co-Chairs), *How do culture and social processes 'get under the skin'? Targeting the HPA-axis in cultural relationship science*. Symposium presented at Association for Psychological Science, Boston, MA.
- ^{HC}Marino, L., ^{HC}Shiv, D., & **Wang, S.** (May 2017). Effects of support reciprocity in Asian American and European American friendship dyads. Poster presented at Association for Psychological Science, Boston, MA.
- ^{HC}Aronowitz, C., ^{HC}Kim, D. S., & **Wang, S.** (May 2016). Cultural variation in the effects of capitalization responses on individual and relationship outcomes. Poster presented at Association for Psychological Science, Chicago, IL.
- ^{HC}Banfi, N., & ^{HC}Broomfield, C., & Wang, S. (May 2016). Stressors, coping, and social support in Asian, Asian American, and European American college students. Poster presented at Association for Psychological Science, Chicago, IL.

- Wang, S.,** Lau, A., & Brooks, C. (May 2016). Cultural differences in support mutuality and observed support behavior. In Y. Chentsova-Dutton (Chair), *Cultural shaping of social support "In the Head" and "In the World."* Symposium presented at Association for Psychological Science, Chicago, IL.
- ^{HC}Ward, M. A., ^{HC}Van Buren-Freedman, C., & **Wang, S.** (May 2015). Sex differences in spousal support interactions. Poster presented at American Psychological Association, New York, NY.
○ Received Student Research Award Honorable Mention.
- ^{HC}Brooks, C., & **Wang, S.** (November 2014). Differences in social support interactions across cultures. Poster presented at Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- ^{HC}Atal, Z., **Wang, S.,** & Biella, R. (August 2014). Use of an Italian vocational rehabilitation center changes perceptions of the mentally ill. Poster presented at American Psychological Association, Washington, D. C.
○ Received 3rd place student poster prize by Division 52 (International Psychology).
- Wang, S.,** & Lau, A. (August 2014). Culture and relationship reciprocity. In S. Wang and J. Fung (Co-Chairs), *Cultural influences on relationships in Asian and Asian American contexts.* Symposium presented at Asian American Psychological Association, Washington, D.C.
- Wang, S.,** & Thakar, D. (August 2014). Harnessing the power of media: A How-To Guide for giving Asian American psychology away. In *AAPA Leadership Fellows Symposium.* Symposium presented at Asian American Psychological Association, Washington, D. C.
- Wang, S.,** & Repetti, R. L. (June 2014). Job stress and naturalistic social support processes in dual-earner middle-class families. In S. Wang (Chair), *Effects of work on family social relationships: Evidence from observational and longitudinal research.* Symposium presented at Work and Family Researchers Network, New York City, NY.
- Wang, S.,** & Repetti, R. L. (January 2012). Naturalistic couple support interactions and their links with depressive symptoms and diurnal cortisol slopes. Poster presented at Society for Personality and Social Psychology, San Diego, Los Angeles, CA.
- Wang, S.,** Shih, J., Hu, A. W., & Lau, A. S. (August 2009). Cultural influences on daily social support use. In A. S. Lau and S. Wang (Co-Chairs), *Cultural Influences on Social Interaction and Relationships.* Symposium presented at American Psychological Association, Toronto, CA.
- Wang, S.,** Repetti, R. L., & Campos, B. (August 2009). Links between naturalistic social behavior and HPA-axis activity in families. Poster presented at American Psychological Association, Toronto, CA.
- Wang, S.** (May 2009). Cultural influences on daily support use. In *Association for Psychological Science Student Research Award (RISE) Symposium.* Symposium presented at Association for Psychological Science, San Francisco, CA.
- Wang, S.,** & Repetti, R. L. (March 2009). Husbands' responses to job stress in marital interactions are moderated by emotional and marital distress. In B. Ditzen (Chair), *Couple Interaction and Stress Across the Life Course: Implications for Health and Disease.* Symposium presented at American Psychosomatic Society, Chicago, IL.

- Plaksina, T., **Wang, S.**, & Repetti, R. L. (May 2009). Adolescent girls' views on their multiple roles. Poster presented at Association for Psychological Science, San Francisco, CA.
- Repetti, R. L., & **Wang, S.** (October 2007). Parent employment and chaos in the family. Paper presented at the Cornell University Conference on "Chaos and Children's Development: Levels of Analysis and Mechanisms," Ithaca, NY.
- Wang, S.**, Fung, J., Lau, A. S., & Kang, S. (August 2007). Personality traits mediate ethnic differences in social adjustment. Poster presented at American Psychological Assoc., San Francisco, CA.
- Boerner, K., **Wang, S.**, & Cimarolli, V. R. (August 2006). Life changes related to functional loss: Their nature and implications. In P. B. Baltes (Chair), *Promoting Growth and Managing Losses: Implications for Well-Being and Health*. Symposium presented at American Psychological Association, New Orleans, LA.
- Wang, S.**, & Woike, B. A. (July 2004). The perception of work-love tension on personality characteristics and well-being. Poster presented at the 12th European Conference on Personality, Groningen, The Netherlands.

CLINICAL EXPERIENCE

(Licensed in PA State #PS017847)

I have trained extensively in evidence-based treatments for individuals, couples, and groups. Furthermore, I have completed advanced training in cognitive behavioral therapy (CBT), and received Diplomate status as a certified CBT therapist by the Academy of Cognitive Therapy. While I am primarily a CBT practitioner, I also draw from psychodynamic and acceptance and mindfulness-based approaches. My areas of clinical specialty include depression, anxiety disorders, relationship issues, women's health, sexual assault, multicultural and identity issues, and stress management. I am experienced working with adults and college-aged students, as well as couples for which I received specialty training in integrative behavioral couple therapy.

- Sept 2016- Present **Psychologist**, Bryn Mawr Psychological Associates
Conduct individual, couple, and family therapy as part of a CBT-oriented group practice serving youth, parents, and families.
Practice Director: Brad Norford, Ph.D.
- Jan 2013- May 2014 **Psychology Resident**, Center for Cognitive Therapy, Penn Medicine
Completed post-doctoral training and certification in CBT. Conducted short- and long-term individual therapy. Specialized training in sexual trauma.
Supervisor: Mary Anne Layden, Ph.D. (Director of Training)
- 2011-2012 **Psychology Intern**, West Los Angeles VA Medical Center (general track)
Completed APA-accredited pre-doctoral internship at a major VA medical center. Conducted individual, couple, and group therapy with veterans. Rotations included: PTSD Clinic, Women's Clinic, Primary Care, CBT for Psychosis Clinic, Mental Health Clinic, MOVE! Weight Management program, Geropsychiatry Clinic, Community Living Center (Nursing Home Unit).
Supervisor: Anna Okonek, Ph.D. (Director of Training)
- 2007-2011 **Clinical Therapy Supervisor**, UCLA Psychology Clinic (2010-2011)
Supervised graduate students in CBT and psychodynamic therapy.
Clinical Intake/Diagnostic Supervisor, UCLA Psychology Clinic (2009)
Supervised graduate students in conducting unstructured intake interviews.
Advanced Therapist UCLA Psychology Clinic (2009-2011)
Conducted individual and couple therapy in a community clinic. Administered psychoeducational and neuropsychological testing.
Supervisors: Jill Waterman, Ph.D. (Director), Harriet Boxer, Ph.D., Andrew Christensen, Ph.D., Eric N. Miller, Ph.D.
- 2008-2009 **Practicum Therapist**, UCLA Counseling and Psychological Services (CAPS)
Conducted individual and group therapy with diverse college student body
Supervisor: Bonnie Zucker, Ph.D. (Assistant Training Director)
- 2007-2008 **Assessor and Therapist**, UCLA University Elementary School
Conducted child therapy (CBT, play) and administered psychoeducational testing.
Supervisor: Jeffrey Jacobs, Ph.D. (Director of Psychological Services)

TEACHING EXPERIENCE

Courses Taught at Haverford College

Cultural Psychology Lecture (Psyc 242)
Cultural Psychology Lab (Psyc 342)
Foundations of Psychology (Psyc 100)
Psychology Practicum Seminar (Psyc 380)
Stress and Coping Seminar (Psyc 337)
Senior Thesis Research (Clinical and Cultural Psychology; Psyc 396, 398)

Courses Taught at UCLA

Asian American Personality and Mental Health (Teaching Assistant)
Fieldwork in Psychology Seminar (Instructor)
Psychology Research Methods (Laboratory Instructor)
Research Colloquium Seminar (Instructor)

SERVICE

Academic Committee Work

2017-2019 Junior Faculty Rep to Faculty Affairs and Planning Committee, Haverford College (elected position)
2017-2018/
2015-2016 Faculty Rep to Committee on Student Standing and Programs, Haverford College
2015-2016 Faculty Rep to Admission Task Force on Market Research, Haverford College
2015 Faculty Rep to Arts & Science Group, Haverford College
2013-2014 Search Committee for tenure-track Health Psychologist, Bryn Mawr College
2013-2014 Pre-Health Advising Committee, Haverford College

Journal Reviewing

2016-current Consulting Editor, *Cultural Diversity and Ethnic Minority Psychology*
2016-current Editorial Board, *Journal of Family Psychology*
2015-current Review Editor (Cultural Psych section), *Frontiers in Psychology*

Ad Hoc Reviewer: European J of Social Psychology, J Cross-Cultural Psychology, J Personality and Social Psychology, J Social and Personal Relationships, Personal Relationships, Personality and Social Psychology Bulletin, Psychological Science, Social Psychology Quarterly

Other Professional Service

2017 Poster Judge, Asian American Psychological Association Convention
2017 Cultural-Clinical Psychology Preconference Planning Committee, Assoc. for Psych. Sci.
2014 Poster Judge, Asian American Psychological Association Convention
2007/08 Student Executive Board (RISE Coordinator), Assoc. for Psychological Science