

Curriculum Vitae
Shu-wen Wang, PhD

Department of Psychology
Haverford College
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Haverford, PA 19041

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PROFESSIONAL POSITIONS

- July 2012 – present Assistant Professor, Department of Psychology, Haverford College
[On parental leave during the Fall 2012 and Fall 2014 semesters; half-time from January 2013 to May 2014 while completing clinical psychology residency/postdoc)
- Jan 2013 – May 2014 Psychology Resident, Department of Psychiatry (Center for Cognitive Therapy), University of Pennsylvania School of Medicine

EDUCATION/LICENSES

- May 2015 – present Licensed Clinical Psychologist, Pennsylvania (PS017847)
- 2011 – 2012 Clinical Internship, Veterans Affairs Greater Los Angeles Healthcare System (Site: West Los Angeles VA Medical Center, General Track/APA-accredited)
- 2006 – 2012 M.A. (2007), PhD (2012), University of California, Los Angeles
Clinical Psychology (with minor in Quantitative Psychology)
Dissertation Title: Marital Support, Well-being and Health in Everyday Life
Dissertation Chair: Rena Repetti, PhD
- 2000 – 2004 B.A. (Summa Cum Laude), Barnard College, Columbia University
Majors: Psychology and Anthropology

RESEARCH INTERESTS

I study stress, coping, and health and well-being in the context of relationships and families. I examine social behavior, with an emphasis on social support process, and its links with mental health and biological stress responses (e.g., the HPA-axis). In particular, one branch of my work examines cultural factors (e.g., interdependence, harmony values) that moderate these linkages with a focus on Asian American mental health. A secondary area of interest is on patterns of emotion expression in families, and the cultural shaping of emotion recognition and expressivity processes as they are linked with relationship wellness and social behavior. A previous area of research focused on coping and relationships in the context of chronic illness.

HONORS AND AWARDS

- 2013-2014 Asian American Psychological Association (AAPA) Leadership Fellow [\$1,500]
2013 Tri-College Mellon Faculty Brainstorming Grant [\$560]
2012 SPSP Student Travel Award [\$500]
2012 APS Diversity Research Award (RISE) Honorable Mention
2010-2011 UCLA Dissertation Year Fellowship [\$18,000]
2010-2011 UCLA Dr. Ursula Mandel Scholarship in Health Psychology [\$15,000]
2010 UCLA Asian American Studies Center, Okura Research Grant [\$3,000]
2010 APA Division 38 Health Psychology Student Research Award [\$1,500]
2007-2010 UCLA Sloan Center on Everyday Lives of Families Fellow [\$18,000 p/year]
2007-2010 APA Minority Fellowship Program, Predoctoral Fellow [\$21,000 p/year]
2009 UCLA Faculty Women's Club Scholarship [\$2,500]
2009 UCLA Affiliates Scholarship [\$1,000]
2009 APS Diversity Research (RISE) Award
2007/08/09 UCLA Graduate Summer Research Mentorship Fellowship [\$5,000 p/summer]
2008-2009 UCLA Graduate Research Mentorship Fellowship [\$18,000]
2008 UCLA Institute of American Cultures Research Grant [\$5,700]
2007-2008 Barnard College Alumnae Association Fellowship Program [\$5,000]
2007 National Science Foundation Graduate Research Fellowship Honorable Mention
2007 APA Student Travel Award [\$300]
2006-2007 UCLA University Fellowship [\$18,000]

PEER-REVIEWED JOURNAL ARTICLES

**Haverford student*

- Atal, Z.*, **Wang, S.**, & Biella, R. (under review). The effects of brief contact on mental health stigma: Evidence from an Italian vocational rehabilitation center.
- Sperling, J., Repetti, R. L., **Wang, S.**, Campos, B., & O'Connor, B. (under review). The dance of social engagement: Observing family interaction in everyday life.
- Wang, S.**, & Repetti, R. (revision submitted). Who gives to whom?: Testing the support gap hypothesis with naturalistic observations of couple interactions. *Journal of Family Psychology*.
- Tsai, W., Sun, M., **Wang, S.**, & Lau, A. S. (revision submitted). Implications of emotion expressivity for daily and trait interpersonal and intrapersonal functioning across cultural groups. *Cultural Diversity and Ethnic Minority Psychology*.
- Wang, S.**, & Lau, A. S. (in press). Mutual and non-mutual social support: Cultural differences in the psychological, behavioral, and biological effects of support-seeking. *Journal of Cross-Cultural Psychology*.
- Wang, S.**, & Repetti, R. L. (2014). Psychological well-being and job stress predict marital support behavior: A Naturalistic observation study of dual-earner couples in their homes. *Journal of Personality and Social Psychology*, 107(5), 864-878.

- Lau, A. S., **Wang, S.**, Fung, J. J., & Namikoshi, M. (2014). What happens when you *can't read the air*? Cultural fit and aptitude by values interactions on social anxiety. *Journal of Social and Clinical Psychology, 33*(10), 853-866.
- Louie, J. Y., **Wang, S.**, Fung, J. J., & Lau, A. S. (2014). Children's emotional expressivity and teacher perceptions of social competence: A cross-cultural comparison. *International Journal of Behavioral Development*. Online first ahead of print.
- Repetti, R. L., & **Wang, S.** (2014). Employment and parenting. *Parenting: Science and Practice, 14*(2), 121-132
- Campos, B., **Wang, S.**, Plaksina, T., Repetti, R. L., and Schoebi, D. (2013). Positive and negative emotion in the daily life of dual-earner couples with children. *Journal of Family Psychology, 27*(1), 76-85.
- Boerner, K., & **Wang, S.** (2012). Targets for rehabilitation: An evidence base for adaptive coping with visual disability. *Rehabilitation Psychology, 57*(4), 320-327.
- Boerner, K., & **Wang, S.** (2012). Goals with limited vision: A qualitative study of coping with vision-related goal interference in midlife. *Clinical Rehabilitation, 26*(1), 81-93.
- Repetti, R. L., **Wang, S.**, & Saxbe, D. (2011). Adult health in the context of everyday life. *Annals of Behavioral Medicine, 42*(3), 285-293.
- Wang, S.**, Repetti, R. L., & Campos, B. (2011). Job stress and family social behavior: The moderating role of neuroticism. *Journal of Occupational Health Psychology, 16*(4), 441-456.
- Wang, S.**, Shih, J. H., Hu, A. W., Louie, J. Y., & Lau, A. S. (2010). Cultural differences in daily support experiences. *Cultural Diversity and Ethnic Minority Psychology, 16*(3), 413-420.
- Popivker, L., **Wang, S.**, & Boerner, K. (2010). Eyes on the prize: Life goals in the context of disability in midlife. *Clinical Rehabilitation, 24*(12), 1127-35.
- Boerner, K., & **Wang, S.** (2010). How it matters when it happens: Life changes related to functional loss in middle-aged compared to older adults. *International Journal of Aging and Human Development, 70*(2), 163-179.
- Lau, A. S., Fung, J. J., **Wang, S.**, & Kang, S. (2009). Explaining elevated social anxiety among Asian Americans: Emotional attunement and a cultural double bind. *Cultural Diversity and Ethnic Minority Psychology, 15*(1), 77-85.
- Repetti, R. L., **Wang, S.**, & Saxbe, D. (2009). Bringing it all back home: How outside stressors shape families' everyday lives. *Current Directions in Psychological Science, 18*(2), 106-111.

Wang, S., & Boerner, K. (2008). Staying connected: Reestablishing relationships following vision loss. *Clinical Rehabilitation*, 22(9), 816-824.

Boerner, K., **Wang, S.**, & Cimarolli, V. R. (2006). The impact of functional loss: Nature and implications of life changes. *Journal of Loss and Trauma*, 11(4), 265-287.

Cimarolli, V. R., & **Wang, S.** (2006). Social support differences among employed and unemployed adults who are visually impaired. *Journal of Visual Impairment and Blindness*. 100(9), 545-556.

Cimarolli, V. R., Boerner, K., & **Wang, S.** (2006). Life goals in vision rehabilitation: Are they addressed and how? *Journal of Visual Impairment and Blindness*, 100(6), 343-352.

INVITED PAPERS AND BOOK CHAPTERS

Wang, S., & Repetti, R. L. (2013). After the workday ends: How jobs impact family relationships. In A. L. Vangelisti (Ed.) *The Routledge Handbook of Family Communication 2nd Edition* (pp. 409-423). New York: Routledge.

Repetti, R. L., Saxbe, D., & **Wang, S.** (2013). Stress. In E. Ochs and T. Kremer-Sadlik (Eds.) *Fast-Forward Families* (pp. 174-191). California: University of California Press.

Repetti, R. L., **Wang, S.**, & Sears, M. (2013). Using direct observational methods to study the real lives of families: Advantages, complexities, and conceptual and practical considerations. In J. G. Grzywacz and E. Demerouti (Eds.) *New Frontiers in Work and Family Research* (pp. 172-189). New York: Psychology Press & Routledge.

Liu, L. L., **Wang, S.**, Fung, J., Gudiño, O. G., Tao, A., & Lau, A. S. (2011). Strengths and challenges in the development of Asian American youth: Contributions of cultural heritage and the Minority Experience. In E. Chang and C. Downey (Eds.) *Handbook of Race and Development in Mental Health*. New York: Springer.

Repetti, R. L., & **Wang, S.** (2009). Work-Family spillover. In H. T. Reis and S. K. Sprecher (Eds.) *Encyclopedia of Human Relationships* (pp. 1694-1697). Thousand Oaks, CA: Sage.

Repetti, R. L., & **Wang, S.** (2009). Parent employment and chaos in the family. In G. W. Evans and T. D. Wachs (Eds.) *Chaos and its influence on children's development: An ecological perspective* (pp. 191-208). Washington, DC: American Psychological Association.

WORKS IN PROGRESS

**Haverford student*

- Wang, S.,** Lau, A. S., & Brooks, C.* (in preparation). Cultural differences in the effects of mutual support on observed behavior in friendship dyads.
- Data are collected and analyzed. Manuscript to be written with co-authors.
- Wang, S.,** Ward, M.*, & Van Buren-Freedman, C.* (in preparation). Gender differences in emotional support interactions.
- Data are collected and analyzed. Manuscript to be written with co-authors.
- Wang, S.,** Aronowitz, C. *, & Kim, D. S. * (in preparation). Cultural variation in the effects of capitalization responses on individual and relationship outcomes.
- Completing data collection and finalizing data analyses.
- Wang, S.,** Repetti, R. L., & Campos, B. (in preparation). Associations between natural social engagement in the family and diurnal cortisol slopes: Differences between husbands and wives in dual-earner couples.
- Data to be re-analyzed based on reviewer feedback from prior submission.
- Wang, S.,** & Campos, B. (in preparation). Cultural experiences, social ties, and stress: Focusing on the HPA axis. In E. Telzer and J. M. Causadias (Eds.) *Handbook of Culture and Biology*. Wiley.
- Manuscript being written with co-author.

SELECTED INVITED TALKS

- Wang, S.** (May 2012). Windows onto the real lives of families: Integrating naturalistic observation into research on family process. Invited talk presented at the Social Science in Practice meeting, UCLA, Los Angeles, CA.
- Wang, S.** (January 2012). The everyday lives of families: Links between stress, social interaction, and diurnal cortisol. Invited talk presented at the Gender, Work, and Family Research Group meeting, University of California, Irvine, CA
- Wang, S.** (November 2011). Someone to lean on: Stress, physiology, and social behavior in relationships. Invited talk presented at the Clinical Area Brown Bag meeting, UCLA, Los Angeles, CA.
- Wang, S.,** & Lau, A. S. (February 2011). When social support is stressful: Unpacking an Asian American paradox. Invited talk presented at the Cultural Psychology Interest Group meeting, Central University of Hong Kong, China.

CHAired SYMPOSIA

- Wang, S.** & Fung, J. (August 2014). Cultural influences on relationships in Asian and Asian American contexts. Speakers: Janet Chang, Joey Fung, Rich Lee, Natasha Thapar-Olmos, Shu-wen Wang. Symposium presented at the annual convention of the Asian American Psychological Association, Washington, D. C.
- Wang, S.** (June 2014). Effects of work on family social relationships: Evidence from observational and longitudinal research. Speakers: Joseph Grzywacz, Hillary Halpern, Maureen Perry-Jenkins, Shelley MacDermid Wadsworth, Shu-wen Wang. Symposium presented at the annual meeting of Work and Family Researchers Network, New York City, NY.
- Wang, S.,** & Lau, A. S. (August 2009). Cultural influences on social interaction and relationships. Speakers: Belinda Campos, Sun-Mee Kang, Lisa Kiang, Joni Sasaki, Shu-wen Wang. Symposium presented at the annual convention of the American Psychological Association, Toronto, CA.

SELECTED CONFERENCE PRESENTATIONS

**Haverford student*

- Wang, S.,** Aronowitz, C.*, & Kim, D. S.* (to be submitted). Cultural variation in the effects of capitalization responses on individual and relationship outcomes. Poster to be presented at the annual convention of the Association for Psychological Science, Chicago, IL.
- Ward, M. A.*, Van Buren-Freedman, C.*, & **Wang, S.** (May 2015). Sex differences in spousal support interactions. Poster presented at the annual convention of the American Psychological Association, New York, NY.
 ○ Received Student Research Award Honorable Mention.
- Brooks, C.*, & **Wang, S.** (November 2014). Differences in social support interactions across cultures. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Atal, Z.*, **Wang, S.,** & Biella, R. (August 2014). Use of an Italian vocational rehabilitation center changes perceptions of the mentally ill. Poster presented at the annual convention of the American Psychological Association, Washington, D. C.
 ○ Received 3rd place student poster prize by Division 52 (International Psychology).
- Wang, S.,** & Lau, A. (August 2014). Culture and relationship reciprocity. In S. Wang and J. Fung (Co-Chairs), *Cultural influences on relationships in Asian and Asian American contexts*. Symposium presented at the annual meeting of the Asian American Psychological Assoc., Washington, D.C.
- Wang, S.,** & Thakar, D. (August 2014). Harnessing the power of media: A How-To Guide for giving Asian American psychology away. In AAPA Leadership Fellows Symposium. Symposium presented at the annual meeting of the Asian American Psychological Association, Washington, D. C.

- Wang, S.,** & Repetti, R. L. (June 2014). Job stress and naturalistic social support processes in dual-earner middle-class families. In S. Wang (Chair), *Effects of work on family social relationships: Evidence from observational and longitudinal research*. Symposium presented at the annual meeting of the Work and Family Researchers Network, New York City, NY.
- Wang, S.,** & Repetti, R. L. (January 2012). Naturalistic couple support interactions and their links with depressive symptoms and diurnal cortisol slopes. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, Los Angeles, CA.
- Wang, S.,** Shih, J., Hu, A. W., & Lau, A. S. (August 2009). Cultural influences on daily social support use. In A. S. Lau and S. Wang (Co-Chairs), *Cultural Influences on Social Interaction and Relationships*. Symposium presented at the annual convention of the American Psychological Association, Toronto, CA.
- Wang, S.,** Repetti, R. L., & Campos, B. (August 2009). Links between naturalistic social behavior and HPA-axis activity in families. Poster presented at the annual convention of the American Psychological Association, Toronto, CA.
- Wang, S.** (May 2009). Cultural influences on daily support use. In *Association for Psychological Science Student Research Award (RISE) Symposium*. Symposium presented at the annual convention of the Association for Psychological Science, San Francisco, CA.
- Wang, S.,** & Repetti, R. L. (March 2009). Husbands' responses to job stress in marital interactions are moderated by emotional and marital distress. In B. Ditzen (Chair), *Couple Interaction and Stress Across the Life Course: Implications for Health and Disease*. Symposium presented at the annual meeting of the American Psychosomatic Society, Chicago, IL.
- Plaksina, T., **Wang, S.,** & Repetti, R. L. (May 2009). Adolescent girls' views on their multiple roles. Poster presented at the annual convention of the Association for Psychological Science, San Francisco, CA.
- Repetti, R. L., & **Wang, S.** (October 2007). Parent employment and chaos in the family. Paper presented at the Cornell University Conference on "Chaos and Children's Development: Levels of Analysis and Mechanisms," Ithaca, NY.
- Wang, S.,** Fung, J., Lau, A. S., & Kang, S. (August 2007). Personality traits mediate ethnic differences in social adjustment. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Boerner, K., **Wang, S.,** & Cimarolli, V. R. (August 2006). Life changes related to functional loss: Their nature and implications. In P. B. Baltes (Chair), *Promoting Growth and Managing Losses: Implications for Well-Being and Health*. Symposium presented at the annual convention of the American Psychological Association, New Orleans, LA.
- Wang, S.,** & Woike, B. A. (July 2004). The perception of work-love tension on personality characteristics and well-being. Poster presented at the 12th European Conference on Personality, Groningen, The Netherlands.

MISCELLANEOUS PUBLISHED WORK

Wang, S. (2014). Factsheet on “Intimate Partner Violence Among Asian American and Pacific Islander Women.” Published by the Asian American Psychological Association. <http://aapaonline.org/category/factsheets/>

Wang, S. (2009). So you want to be a clinical psychologist? *APS Student Caucus Student Update*, Fall 2008.

Wang, S. (2007). Expanding horizons: Research on underrepresented groups. *APS Observer*, 20(1), 41-42.

TEACHING EXPERIENCE

Courses Taught at Haverford College

Cultural Psychology Lecture (Psyc 242), Spring 2013, Spring 2014.

Cultural Psychology Lab (Psyc 342). Spring 2013.

Foundations of Psychology (Psyc 100). Spring 2015, Fall 2015.

Stress and Coping Seminar (Psyc 337). Fall 2015.

Senior Thesis Research (Clinical and Cultural Psychology; Psyc 396, 398). 2013-2014, 2014-2015.

Courses Taught at UCLA

Asian American Personality and Mental Health, Teaching Assistant, Summer 2011.

Fieldwork in Psychology Seminar, Instructor, Spring 2010.

Psychology Research Methods, Laboratory Instructor, Winter 2009.

Research Colloquium Seminar, Instructor, Winter 2008, Spring 2008, Fall 2008, Winter 2009, Spring 2009, Fall 2009, Winter 2010, Spring 2010, Fall 2010, Winter 2011, Spring 2011.

HAVERFORD THESIS/RESEARCH ADVISING

Michaela Ward (Senior Thesis, Sept 2015-present)

- Project: *Culture, expressive writing, and links with health and well-being*

Divya Shiv and Laura Marino (Senior Thesis, Sept 2015-present)

- Project: *Cultural influences on mutual and non-mutual support processes*

Clarianne Moscoso and Sara Tauriello (Senior Thesis, Sept 2015-present)

- Project: *Acculturation and cultural influences on body image, eating attitudes, and eating behaviors*

Catherine Aronowitz and Dayna Kim (Senior Thesis, Sept 2014-June 2015)

- Project: *Cultural differences in constructive capitalization responses*

Natalia Banfi and Caroline Broomfield (Senior Thesis, Sept 2014-June 2015)

- Project: *Stress and social support seeking in International Asian, Asian American, and European American college students*

Michaela Ward and Cecily Van Buren-Freedman (Research Assistants, Sept 2013 – Dec 2014)

- Project: *Sex differences in spousal support interactions*
- Poster presented at 2015 APS convention, New York City, NY
- Awarded Student Research Award Honorable Mention by the APS Student Caucus

Zara Atal (Senior Thesis, Jan 2013-June 2014)

- Project: *Cultural perceptions of mental illnesses and the effect on stigma*
- Received \$3000 grant from Haverford College (Louis Green Fund and KINSC grant)
- Poster presented at 2014 APA convention, Washington, D.C.
- Awarded 3rd place student poster prize by APA Division 52 (International Psychology)

Catherine Brooks (Senior Thesis, Sept 2013-June 2014)

- Project: *Differences in social support interactions and processes across cultures*
- Poster presented at 2014 ABCT conference, Philadelphia, PA.

SERVICE

Academic Committee Work

Haverford

2015-2016 Faculty Rep to Committee on Student Standing and Programs, Haverford College
2015-2016 Faculty Rep to Admission Task Force on Market Research, Haverford College
2015 Faculty Rep to Arts & Science Group, Haverford College
2013-2014 Search Committee for tenure-track Health Psychologist, Bryn Mawr College
2013-2014 Pre-Health Advising Committee, Haverford College

UCLA

2007-2009 Admissions Committee, UCLA Clinical Psychology Program
2007/08/09 Graduate Moderator, UCLA Psychology Undergraduate Research Conference
2007-2008 Clinical Area Committee, UCLA Clinical Psychology Program
2006-2007 Research Committee, UCLA Clinical Psychology Program

Professional Service

2014 Poster Judge, Asian American Psychological Association Convention
2007-2008 Student Executive Board (RiSE Coordinator), Association for Psychological Science

Ad Hoc Reviewer

Cultural Diversity & Ethnic Minority Psychology	J Social and Personal Relationships
European J of Social Psychology	Personal Relationships
Frontiers in Psychology	Personality and Social Psychology Bull.
J Family Psychology	Psychological Science
J Personality	Social Psychology Quarterly
J Personality and Social Psychology	

CLINICAL EXPERIENCE
(Licensed in PA State #PS017847)

I have trained extensively in clinical diagnosis and evidence-based treatments for individuals, couples, and groups. I have received advanced training in cognitive behavioral therapy (CBT) for mood disorders, anxiety disorders, and sexual trauma, as well as in integrative behavioral couple therapy and traditional behavioral couple therapies. While I am primarily a CBT practitioner, I also draw from psychodynamic and acceptance-mindfulness approaches.

My areas of clinical specialty include depressive and anxiety disorders, relationship issues (romantic, family, parenting, peer), sexual assault, multicultural and identity issues, coping with medical illness, and stress management. I practice exclusively with adults.

- Jan 2013-
May 2014 **Psychology Resident**, Department of Psychiatry (Center for Cognitive Therapy), University of Pennsylvania School of Medicine
Completed post-doctoral training and certification in CBT. Conducted short- and long-term individual therapy with mood, anxiety, and personality disorders; relationship and family issues. Specialized training in sexual trauma.
Supervisor: Mary Anne Layden, Ph.D. (Director of Training)
- 2011-2012 **Psychology Intern**, West Los Angeles VA Medical Center (general track)
Completed APA-accredited pre-doctoral internship at a major VA medical center. Conducted short- and long-term individual and couple therapy with veterans. Led psychotherapy groups. Conducted psychological testing. Rotations included: PTSD Clinic, Women's Clinic, Primary Care, CBT for Psychosis Clinic, Mental Health Clinic, MOVE! Weight Management program, Geropsychiatry Clinic, Community Living Center (Nursing Home Unit).
Supervisor: Anna Okonek, Ph.D. (Director of Training)
- 2007-2011 **Clinical Therapy Supervisor**, UCLA Psychology Clinic (2010-2011)
Supervised 1 graduate student in CBT and psychodynamic therapy.
Clinical Intake/Diagnostic Supervisor, UCLA Psychology Clinic (2009)
Supervised 4 graduate students in conducting unstructured intake interviews.
Advanced Therapist UCLA Psychology Clinic (2009-2011)
Conducted short- and long-term individual and couple therapy. Administered psychoeducational and neuropsychological testing.
Supervisors: Jill Waterman, Ph.D. (Director of UCLA Psychology Clinic), Harriet Boxer, Ph.D. (individual therapy), Andrew Christensen, Ph.D. (couple therapy), Eric N. Miller, Ph.D. (assessment)
- 2008-2009 **Practicum Therapist**, UCLA Counseling and Psychological Services (CAPS)
Conducted short- and long-term individual therapy with diverse student body.
Supervisor: Bonnie Zucker, Ph.D. (Assistant Training Director)
- 2007-2008 **Assessor and Therapist**, UCLA University Elementary School
Conducted child therapy (CBT, play) and administered psychoeducational testing.
Supervisor: Jeffrey Jacobs, Ph.D. (Director of Psychological Services)